

10th Grade Course Selection

Sequoia Counselors
Spring 2022

What is your Sequoia student ID number?

Course Selection Presentation Overview of the 2-Part Process

1) Classroom Presentation in English class

- Review Graduation & A-G Requirements
- Review Subject Area Pathways
- Complete Infinite Campus Course Registration
- Make appointment in Calendly (only if needed)

2) Meet 1:1 with your Counselor

Required for students who are:

- not on track for graduation
- considering IB Diploma
- summer school/Edgenuity sign ups
- applying to Middle College

Recommended for students who are:

- not on track for A-G
- interested in concurrent enrollment

Check-in

bit.ly/10thpre22

SHS Graduation Requirements

(220 credits required for graduation)

3.5 years/35 credits

4 years/40 credits

2 years/20 credits

2 years/20 credits:
1 year physical
1 year biological

0

1 year/10 credits

62.5 credits

2.5 credits

2 years/20 credits

1 year/10 credits

Social Studies

English

Math

Science

Foreign Language

Visual Performing Art

Other Elective

Life Skills

Physical Education

Career Technical Education/WL III & Above

UC/CSU A-G Requirements

A

2 years

B

4 years

C

3 years
Alg 1, Geometry, Alg II

D

1 year physical lab
1 year biological lab

E

2 years

F

1 year

G

1 year

0

0

0

The “A-G” requirements are courses that must be completed with a grade of C- or higher to be eligible to attend a University of California (UC) or California State University (CSU).

4 years highly recommended for area C, 3-4 years highly recommend for area D, and 3 years highly recommend for areas E

Resources when Determining Course Selection

- Check for applicable prerequisites
- Consider your **interest and passions**
- Speak with your teachers, counselors, and guardians regarding your course selection; get feedback
- [Course catalog](#) (under “Resources” on Sequoia’s website, click on “Course Catalog”)
- Make sure you **meet all deadlines** for changes regarding your 2022-2023 course requests. Due by May 20th.

Credit Recovery

- **Summer School**- Sign up when you meet with your Counselor for 11th grade course selection: March 9th - March 26th.

Session I June 13-June 30

Session II July 5-July 22

- **Edgenuity**- Independent online credit recovery with after school office hour support provided by Mr. Calles, Sequoia's Edgenuity teacher. Edgenuity is available during the school year & summer school. Sign-up by contacting your counselor.

Transcripts!

High School Transcript
Name: Jane Smith Gender: F Birthdate: Jan

Academic Achievements			Junior Year:
Freshman Year:	Grade	Credits	
English I	95	1.00	English III
Geometry	92	1.00	Trigonometry
Physical Science	98	1.00	Chemistry
World Geography	92	1.00	American History
Latin I	100	1.00	Latin III
New Testament	96	1.00	World Religions
Art	95	.50	Sailing
Health/PE	100	.50	Choir
			Senior Year:

- View your credit totals in summary box
- Check for accuracy (For example, if you played a sport last school year or this fall, is it listed?)
- See attached note from your counselor regarding your graduation status and A-G status
- Questions? Ask one of the counselors today and/or schedule an appointment with your counselor

Important Reminder!

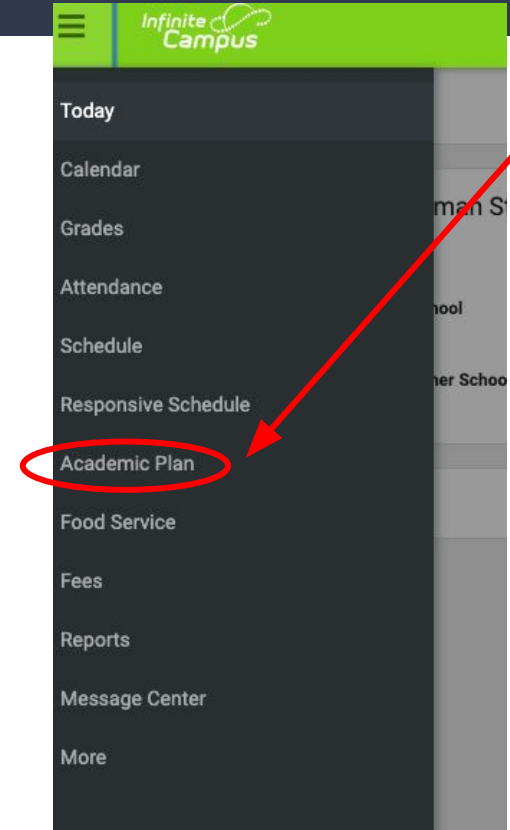
If choosing to earn your PE credits through Sequoia athletics, you will be considered **“off-track”** for graduation until you complete **3** seasons of a sport in grades 10, 11, and/or 12

If you are off-track due to sports, you do **NOT** need to schedule a meeting with your counselor unless you want to meet with him or her

Infinite Campus (IC): Four Year Plan

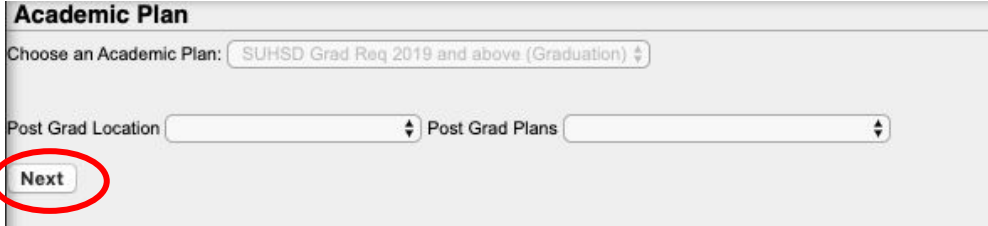
- Go to: *portal.seq.org*
- Username: student ID #
Password: initials+6 digit birthday
- Click on Academic Plan

Were you able to log-in to Infinite Campus (IC)?



Infinite Campus (IC): Four Year Plan

- Click **NEXT** once you're on the Academic Plan



Academic Plan

Choose an Academic Plan: SUHSD Grad Req 2019 and above (Graduation) ▾

Post Grad Location ▾ Post Grad Plans ▾

Next

- Remember, this is a tentative four year plan. Each year you will revise your plan with your counselor when you choose classes for the following school year.

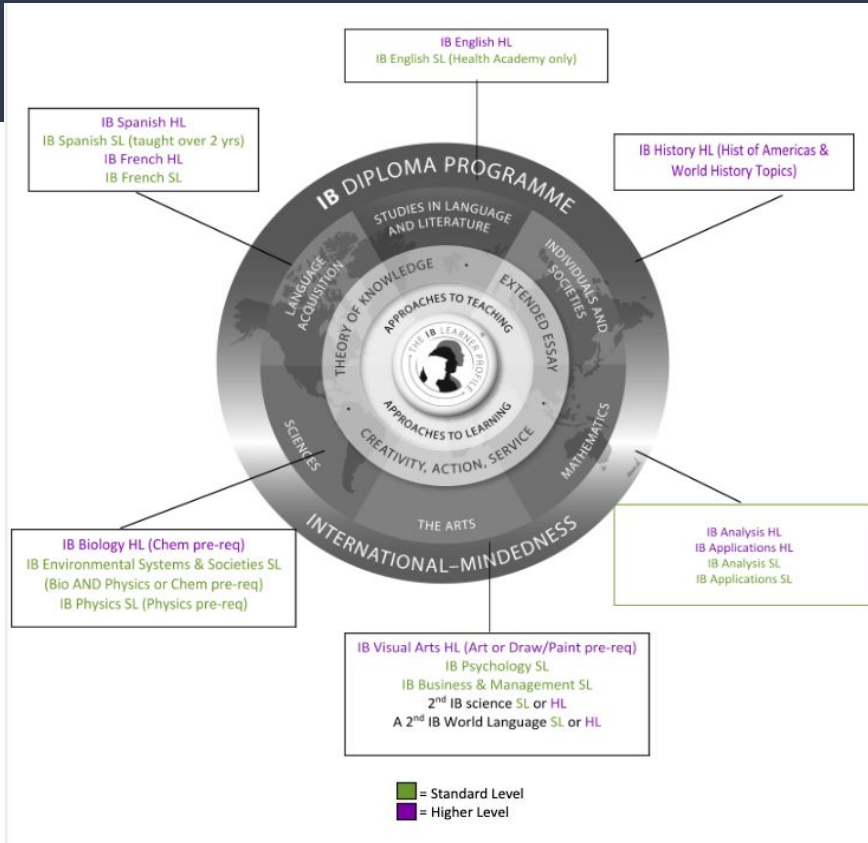
Infinite Campus (IC): Four Year Plan

- ADD your classes for 11th-12th grades in your IC Academic Plan
- Click SAVE

The screenshot shows the 'Academic Plan' interface with the following details:

- Buttons: **Save** (circled in red), Course Plan Report, Progress Report
- Program: SUHSD Grad Req 2019 and above (Graduation)
- Counselor: Perez, Melissa (mperez@seo.org)
- Grade 09: 81.5 / 70.0
- Grade 10: 0.0 / 70.0 (circled in red)
- Grade 11: 0.0 / 40.0 (circled in red)
- Grade 12: 0.0 / 40.0 (circled in red)
- Course selection for Grade 10: A dropdown menu for 'spanish' is open, showing options: '076100 Spanish I-P - 5.0', '076183 Spanish I-ICAP-P - 5.0' (highlighted), '076200 Spanish II-P - 5.0', and '077260 Spanish II-NS-P - 5.0'. This menu is circled in red.
- Alerts: 'ALERT: Not enough credits selected in Electives to meet the minimum plan requirements.', 'ALERT: Not enough credits selected in English to meet the minimum plan requirements.'
- Subject Requirements:
 - English (10.0 / 40.0)**: 10.0 / 10.0, 0.0 / 10.0, 0.0 / 10.0, 0.0 / 10.0
 - Visual and Performing Arts (Fine Arts) (10.0 / 10.0)**: 10.0 / 10.0, 0.0 / 0.0, 0.0 / 0.0, 0.0 / 0.0
 - Math (10.0 / 20.0)**: 10.0 / 10.0, 0.0 / 10.0, 0.0 / 0.0, 0.0 / 0.0

Considering the IB Diploma?



- 3 Higher Level courses
- 3 Standard Level courses
- Theory of Knowledge (TOK)
 - Extended Essay (EE)
- Creativity, Activity, Service (CAS)- 150 hours
- IB course prerequisites
- Stay up to date with communications from IB Office
- *IB Diploma declaration is due June 1, 2022*

Interested in taking IB Environmental Systems and Societies (IB ESS) for the IB Diploma?



2022-2023 is the last year **IB ESS** will be a year-long class

- If doing the full IB Diploma and planning on taking IB ESS for IB science requirement, you **must** take it next year
- IB ESS will **not** be available as a one-year class in 2023-2024

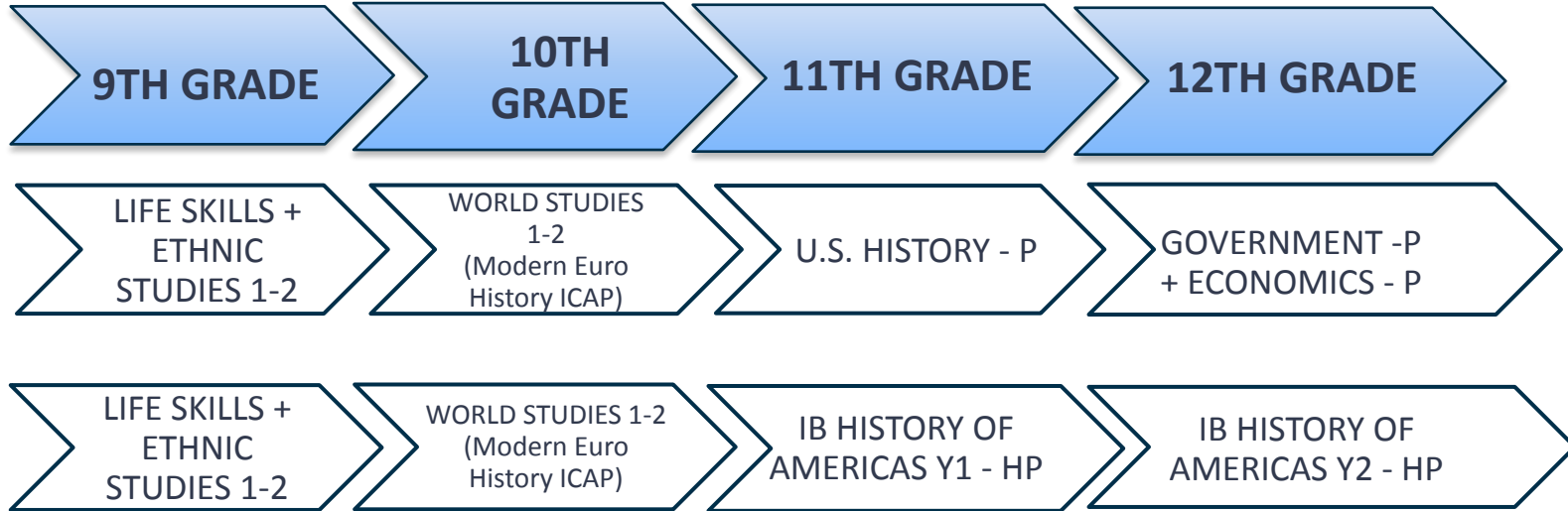
Planning For IB: Pre-Requisite Requirements and Recommendations

IB Course	Grade IB Course Is Taken In	Pre-req Course Required	Grade Pre-req Is Taken In
IB Visual Arts	2 year course: 11 th and 12 th	Art I or Draw/Paint I	9 th or 10 th
IB Physics*	12 th Recommended	Physics	9 th , 10 th or 11 th
IB Biology**	2 year course: 11 th and 12 th	Recommended Chemistry	10 th
IB Spanish	2 year course: 11 th and 12 th	Spanish 2/3 ICAP or Spanish III or Spanish III NS with C- or higher	10 th
IB French	2 year course: 11 th and 12 th	French 2/3 ICAP or French III with C- or higher	10 th
IB Math	11 th and/or 12 th	Completion of previous math with C- or higher	9 th -11 th

Sequoia HISTORY Pathway

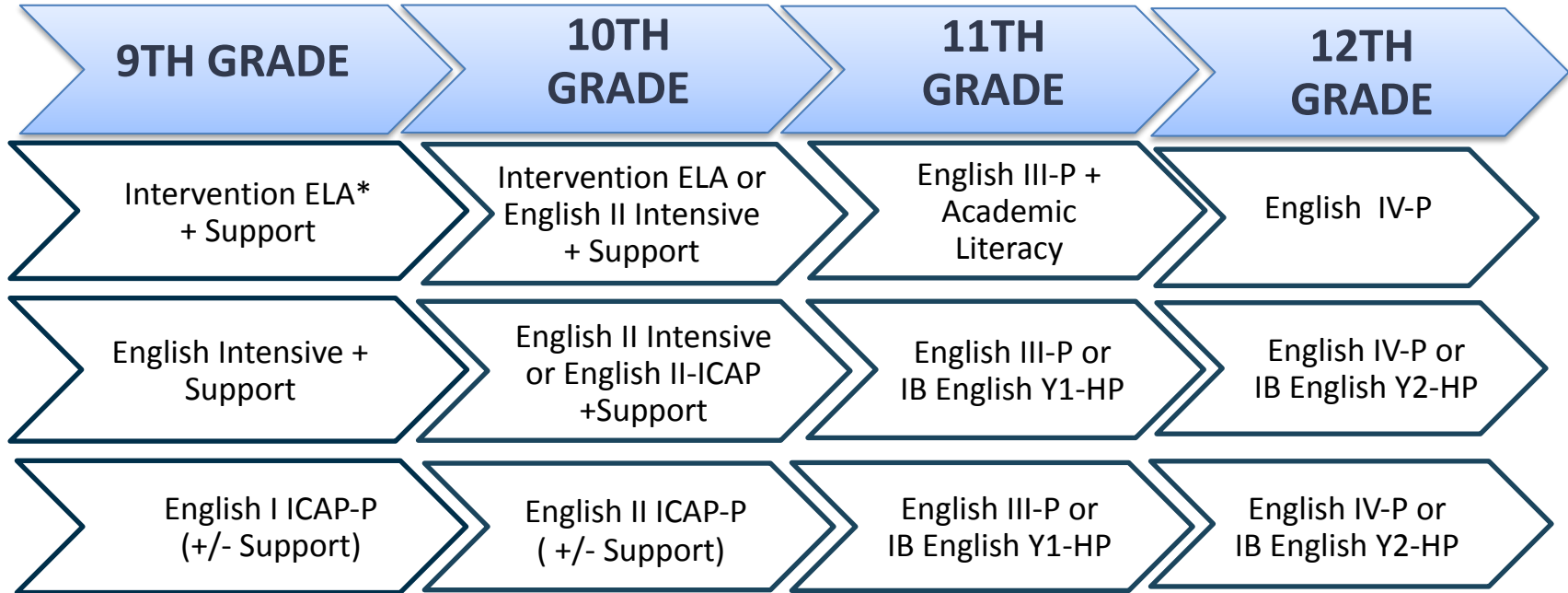


What social studies pathway do you plan to follow?



Sequoia ENGLISH Pathway

What English class do you plan to take in 11th grade?



****Intervention ELA earns elective credit and NOT English Credit. Students who eventually pass a grade-level English class will earn graduation English I credit, retroactively (not A-G).***

Math! Two things to consider:

- 1) What do you want to study in college?
- 2) What type of math do you like to do?

Analysis & Approaches

- More Calculus
- No calculator & calculator exams
- More theory based
- Fewer problems in real life context
- Deeper dive into fewer topics

Applications & Interpretation

- More Statistics
- Can always use a calculator
- More problems in real life context
- Less theory based
- Covers many topics, doesn't go as deep into each topic

What do you want to study in college?

Analysis & Approaches

- Biology*
- Math
- Engineering
- Chemistry
- Computer Science
- Economics
- Physics

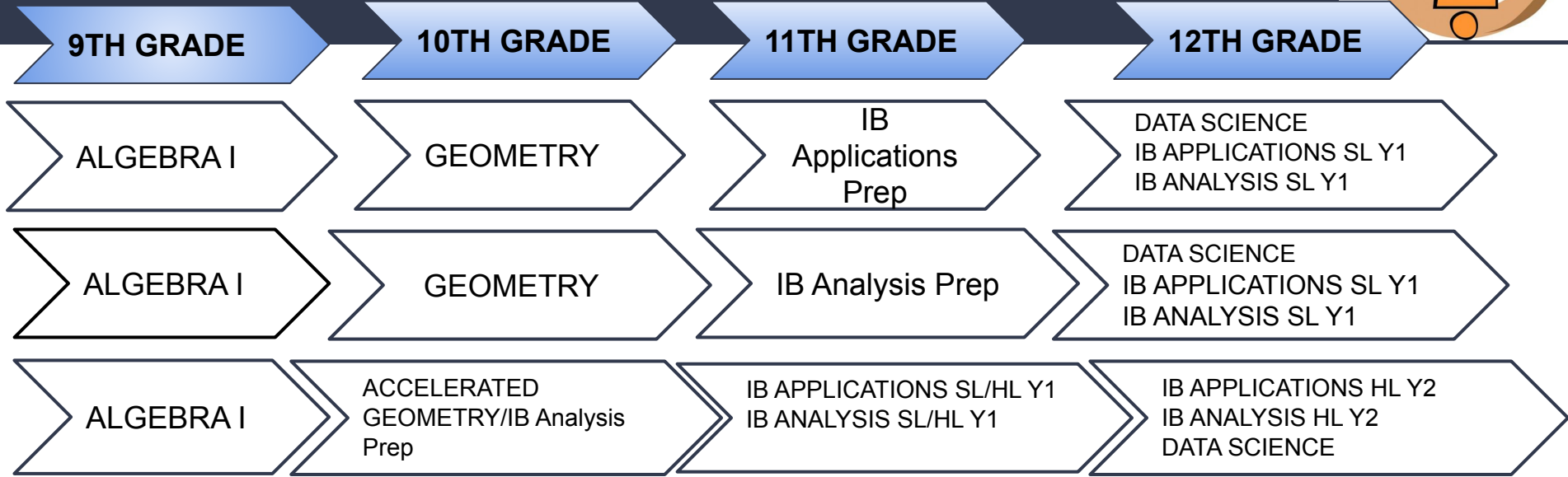
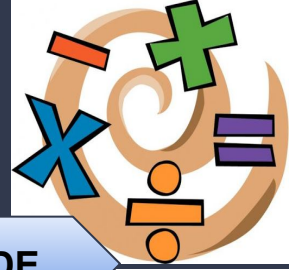
Applications & Interpretations

- Biology*
- Psychology
- English
- History
- Business
- Art
- Music
- Sociology
- Political Science

*A biology major often requires Calculus in college, but Statistics are very integral to the study of Biology.

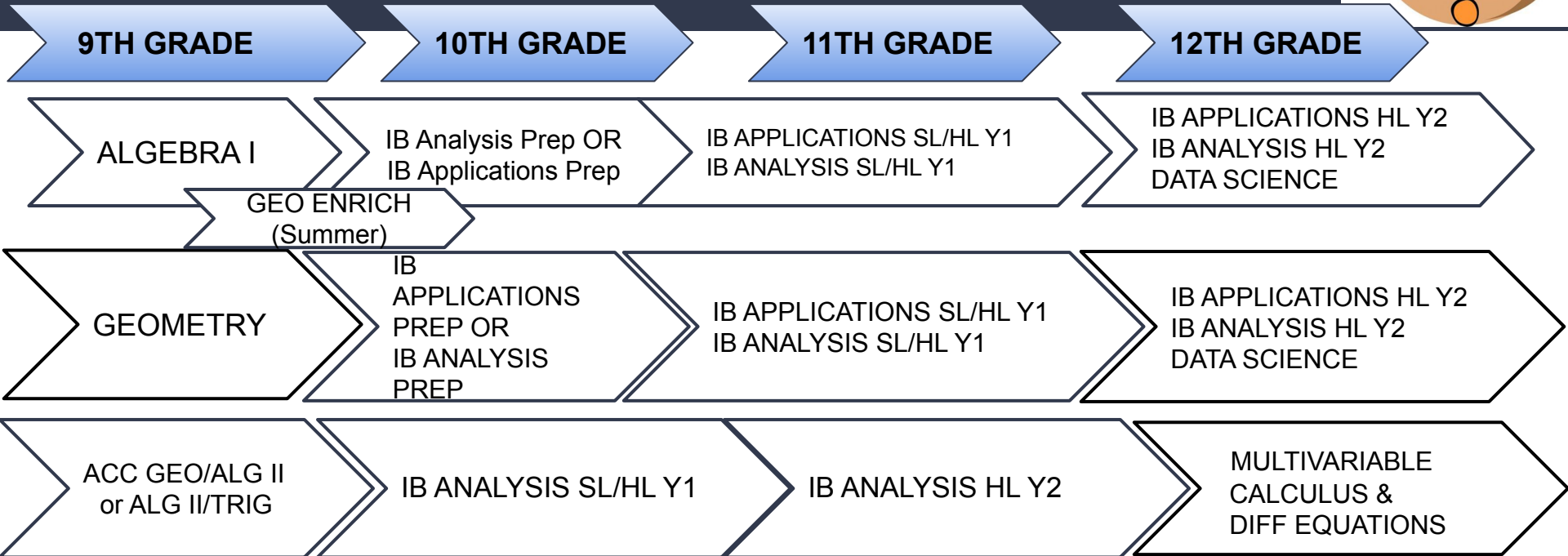
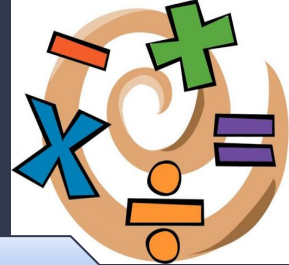
Sequoia MATH Pathway

What math class do you plan to take in 11th grade?



Sequoia MATH Pathway Continued

What math class do you plan to take in 11th grade?



Sequoia SCIENCE Pathway

What Science class do you plan to take in 11th grade?



9TH GRADE

- Biology
- Physics

10TH GRADE

- Biology
- Physics
- Chemistry

11TH GRADE

- Biology
- Physics
- Chemistry
- IB Biology Y1
- IB ESS Y1
- Biotechnology
- Human Biology
- IB Physics (1 yr long & recommended to take in 12th grade)

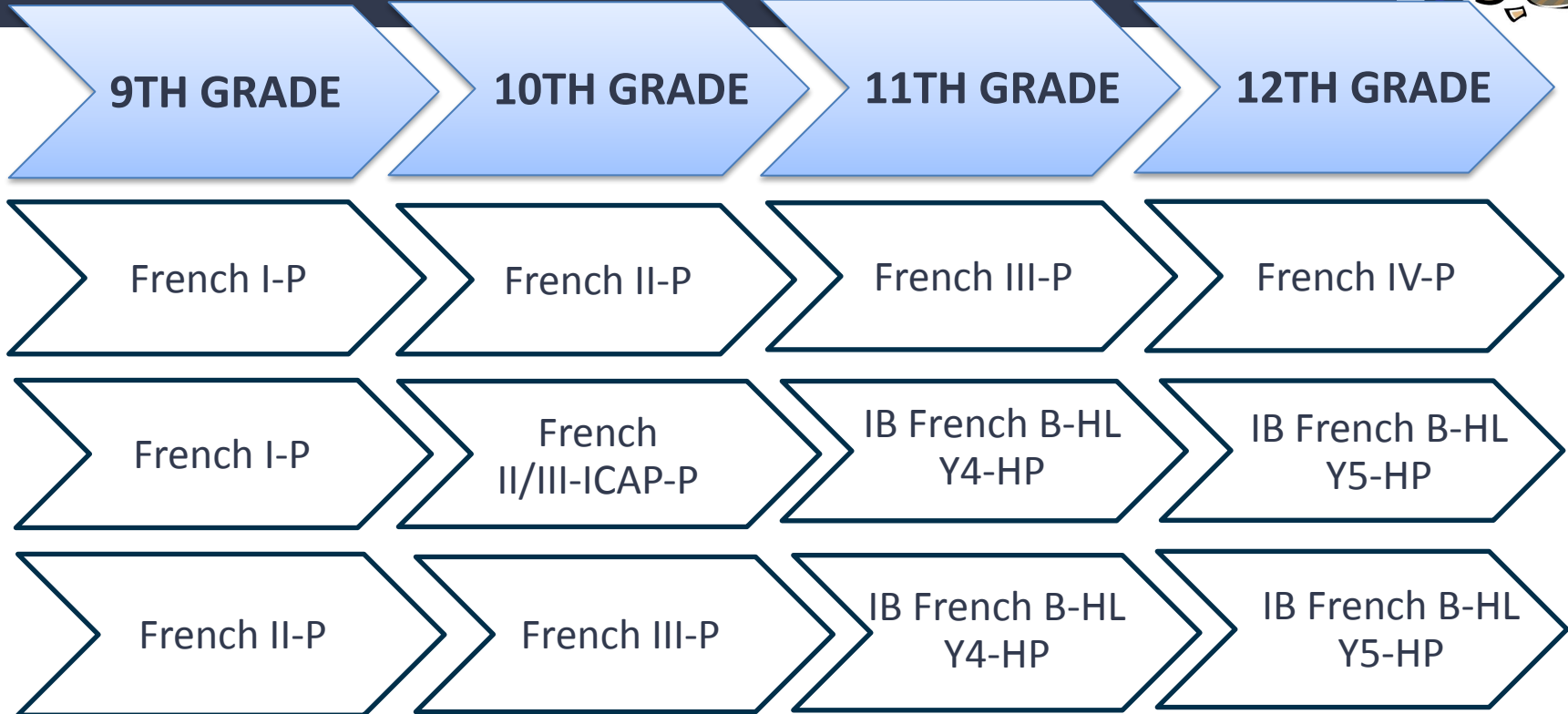
12TH GRADE

- Biology
- Physics
- Chemistry
- IB Biology Y2
- IB ESS Y2
- Biotechnology
- Human Biology
- IB Physics (1 yr long & recommended to take in 12th grade)

Sequoia WORLD LANGUAGE Pathway

*Final placement based on S2 grade

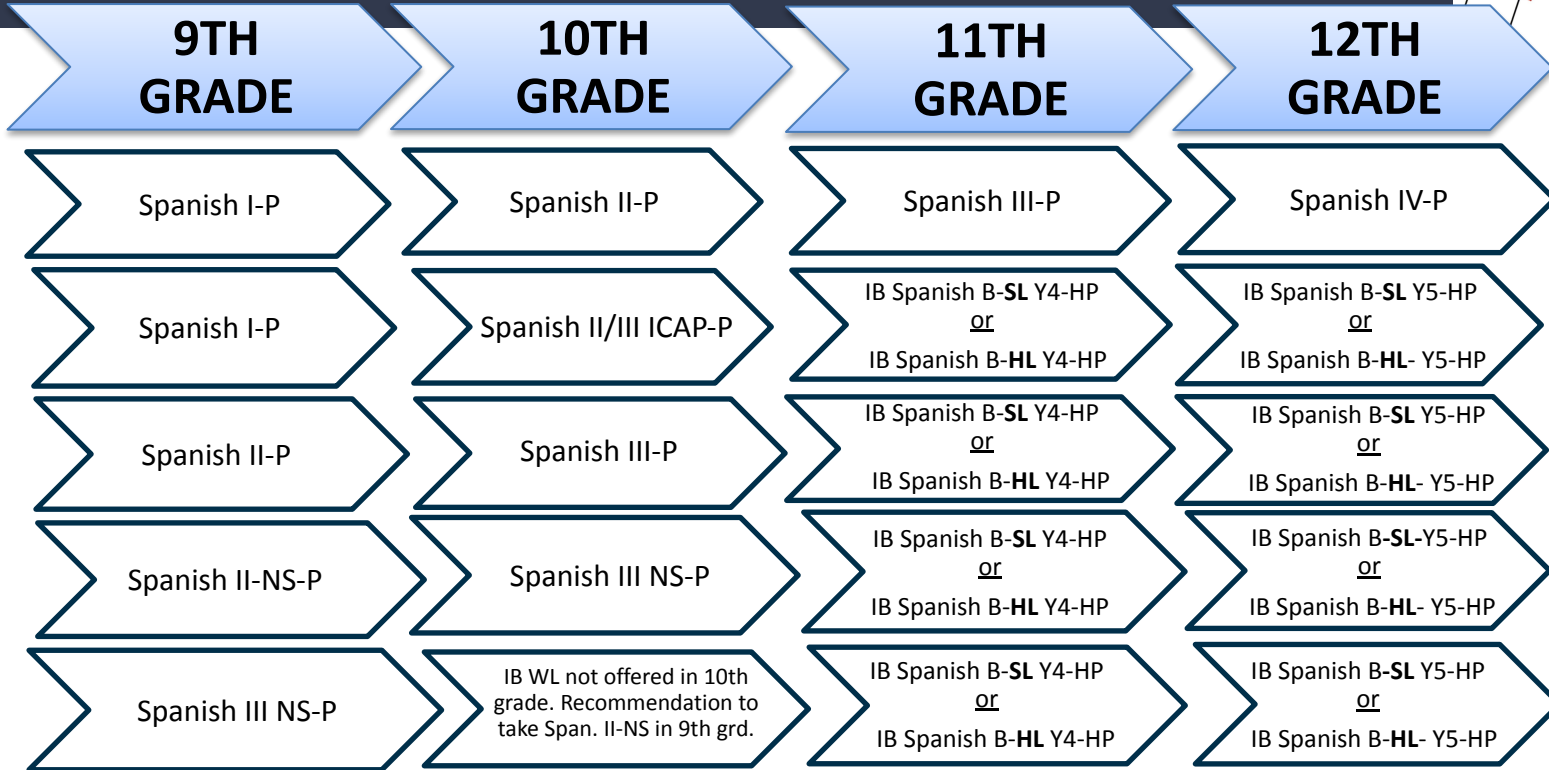
What French class do you plan to take in 11th grade?



Sequoia WORLD LANGUAGE Pathway

*Final placement based on S2 grade

What Spanish class do you plan to take in 11th grade?



Sequoia Physical Education Options:

What PE class do you plan to take in 11th grade?

20 credits of P.E. are required for graduation requirements

Choose your P.E. class for 10th grade:

- P.E. 2
- P.E. Weight Train
- P.E. Conditioning (yoga)
- P.E. Dance (beginners)
- Intermediate Dance (audition required)
- Advanced Dance (audition required)



Alternative Options:

- **Sequoia Athletics**- each season you earn 3.5 credits. Completing 3 seasons of a sport in 10th-12th grades will fulfill the second year requirement for PE. ***It is recommended that students enroll in a Sequoia P.E. class in the event that sports are not permitted due to health/safety guidelines.***
- **Concurrent Enrollment**- Students may take fitness courses at CSM, Cañada, or Skyline. 1 semester unit counts as 5 SHS credits. Documentation & approval from your counselor are required.

VISUAL & PERFORMING ARTS

10 credits required for graduation

-P & -HP= Course meets UC/CSU entrance requirements

MUSIC

Advanced Band-P (audition)**

Band II-P

(for new and current Band II students)

Choral I-P & II-P

(Other levels placed in II)

Guitar-P

Piano-P

Orchestra-P

VISUAL

Art I-P

Digital Photo I-P & II-P

Draw/Paint I-P & II-P

IB Visual Arts Y1 - HP & Y2 - HP

Ceramics I-P & II-P

PERFORMING

Inter. Dance-P (audition)**

Dance XL- P (audition)**

Drama I-P & Drama II

DIGITAL ARTS ACADEMY

Multimedia I-P 10th

**Students wanting to pursue these classes need to contact teacher for audition dates.

CAREER TECHNICAL EDUCATION**

10 credits required for graduation

-P & -HP= Course meets UC/CSU entrance requirements

ENTREPRENEURSHIP

CTE Entrepreneurship 10th-12th

MEDIA & ENTERTAINMENT

Journalism I-P, II-P, III-P

BUILDING, TRADES & CONSTRUCTION

CTE Wood I

CTE Wood II

HOSPITALITY, TOURISM & RECREATION

CTE Foods & Nutrition I-P

CTE Culinary Arts-P 10th-12th

DIGITAL ARTS ACADEMY

CTE Multimedia II-P 11th

Digital Filmmaking-P 12th

HEALTH CAREERS ACADEMY

CTE Intro to Health Professions-P 10th

CTE Medical Clinical I-P 11th

CTE Medical Clinical II-P 12th

INFORMATION TECHNOLOGY

Java Programming

CTE Intro Prog Mobile Apps-P

WORLD LANGUAGE III & ABOVE

May be used in place of CTE to meet this graduation requirement area. French $\frac{2}{3}$ ICAP and Spanish $\frac{2}{3}$ ICAP do not fulfill this area.

ADDITIONAL ELECTIVES

-P & -HP= Course meets UC/CSU entrance requirements

IB Psychology-HP 11th-12th

**IB Business & Management-HP
11th-12th**

**PE-2/Weight Train/Conditioning/Dance
10th-12th**

IB TOK-HP 11th-12th

Student Leadership 9th

**Leadership ASB 10th-12th & by teacher
recommendation only**

Sports Leadership-P 10th-12th

**AVID I-P, II-P, III-P, IV-P [Advancement
Via Individual Determination]**

BUILD-P 9th-10th [Entrepreneurship]

Wood III 11th-12th

Work Experience 11th-12th

36 hrs. =1 credit

[10 credits per semester max & not a
scheduled class, after hours]

Sequoia Athletics

Each sport = 3.5 credits

**Cheerleading = 3.5 credits awarded in
the spring only**

**Sports credits may be used toward PE
graduation requirement for 10-12th graders**

9th grade sports earn elective credits

SIGN UP FOR DRAMA CLASS AT SEQUOIA HIGH SCHOOL

What is Drama class?

The Sequoia Drama program includes two classes: Drama I and II. These are separate from the after-school productions (plays/musicals). In both courses, we explore acting, playwriting, directing, and tech theatre. We also focus on the power of theatre to affect change and contribute to social justice.

Why should I take a Drama class?

You get to participate in unique and creative projects – unlike anything you do in your academic classes. You are given opportunities to improve your confidence, develop leadership skills, and learn strategies for effective collaboration. And most importantly, you become an important member of a loving and joyful community.

Does it meet graduation requirements?

Yes, you are required to take at least one year of a Visual or Performing Art elective and this counts! You may also choose to take it as a 7th class.

DRAMA I

no prerequisites; anyone is welcome

Course Activities:

- Intro to Acting & Directing
- Adapted TV/Movie Scenes
- Beginning Playwriting
- Student-Written & Directed Scenes
- Intro to Lighting and Costume Design
- Comedic Plays Research Project
- One-Act Comedy Production

DRAMA II

**prerequisite, pending UC approval*

Course Activities:

- Intro to Improv & Sketch Comedy
- Adapted Shakespeare Scenes
- Student-Written & Directed Monologues
- Tech Theatre Production
- Intro to Film Acting & Screenwriting
- Devised Theatre Showcase

*To enroll in Drama II, students must have completed Drama I OR been involved with at least two Sequoia Drama productions & received permission from the teacher.

IF YOU HAVE QUESTIONS OR WANT TO LEARN MORE, CONTACT:

Talia Cain, Drama Teacher tcain@seq.org



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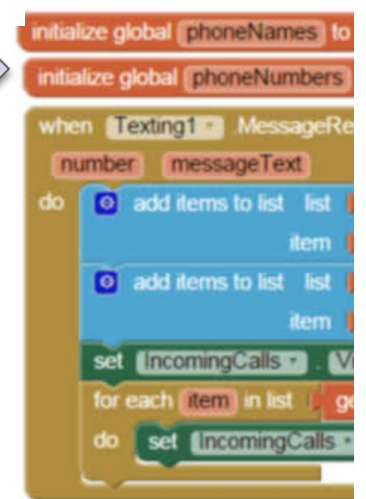


You Tube



Enroll in Mobile Apps Programming!

- It's **fun** and it fulfills your **CTE** graduation requirement!
- Create **apps** and **games...no experience needed!**
- **Share your apps with friends** to try on their phones
- Software Developers earn **+\$100,000/year**
- Use a **27-inch Apple iMac** to build your apps
- Use an **Android tablet** to test your apps
- **Build your first app in the first week of school!**
- **Video about class:** <https://tinyurl.com/4js8mp43>



Entrepreneurship!

A CTE course that allows you to create and run your own business

Located Under Non-Credit Section

****PH5 PLACEHOLDER 5=Entrepreneurship****

- **Open to 10th-12th grade students**
- **CTE and Elective Credit**
- **Learn Business Concepts that you will put into practice**
- **Working in teams, you will launch and run your own business or build upon the ideas implemented by the 2021-2022 BUILD Freshman**

Presentation Skills:

- **Idea Pitch**
- **Venture Capitalist Pitch**
- **Sales Pitch: On campus sales events**
- **Consumer Feedback**

Marketing and more!

Mr Weyant room #259
If interested, scan this
code and fill out the
form.



Considering an Academy?

Benefits of joining an academy:

- An academy is a smaller school within a school.
- Cohort style 10th-12th grades
- Smaller class sizes (average of 25 students)
- College Preparation
- Mentorship Program
- Teachers who specifically teach DAA & HCA courses/students



Health Careers Academy (HCA)

Exposure to, and training for, careers in the healthcare field including professional workshops and certification programs.

Elective classes: Intro to Health Professions, Medical Clinical I, & Medical Clinical II

Digital Arts Academy (DAA)

Focus is to provide students with a technology-infused, personalized learning experience while preparing all for college and careers.

Elective classes: Multimedia I, Multimedia II, & Digital Filmmaking

Schedule Your Counselor Appointment

- **15-minute individual** course selection meetings with your counselor will take place March 9th-March 25th
- Go to calendly.com/sequoiacounseling
- Select a **date and time** to meet with your counselor

Make your appointment, ready-set-go!

Please write the date and time of your appointment

Counselor Appointment Details

- **It is important that you are on time for your appointment.**
- It is your responsibility to communicate and get approval from your teacher if you plan to miss their class.
- You will receive a reminder about your appointment via email and text message from Calendly.
- If you need to reschedule, please contact your counselor or use Calendly.

Check-out

bit.ly/10thpost

Web Tools

- Naviance: <https://student.naviance.com/sequoia>
- Infinite Campus (IC): <https://ic.seq.org/campus/sequoia.jsp>
- CANVAS: <https://sequoia.instructure.com/login/ldap>
- Big Future - College Board: <https://bigfuture.collegeboard.org/>
- California Career Zone: <https://www.cacareerzone.org/>
- O*Net Online: <https://www.onetonline.org/>
- Sequoia H.S. College & Career Center:
<http://www.sequoiahs.org/DEPARTMENT/College--Career-Center/index.html>
- Sequoia H.S. Counseling Office: <http://www.sequoiahs.org/DEPARTMENT/Guidance/index.html>
- Sequoia H.S. IB Office: <http://www.sequoiahs.org/PARENTS--COMMUNITY/IB-Programme/index.html>
- Watch the Grad & A-G Requirements video: <https://edpuzzle.com/media/5f9c50b4c53bed40a944cc3e>
- Program Planning Handbook/Course Catalog- English:
https://issuu.com/ravenreport/docs/pph_2021/1?ff
- Program Planning Handbook/Course Catalog- Spanish/Español:
https://issuu.com/ravenreport/docs/pph2021_espan_ol/1?ff
- Academies Informational Video: <https://vimeo.com/505991323>

Questions & Answers

