

# 10<sup>th</sup> Grade Level Meeting: ICAP/IB & College Information

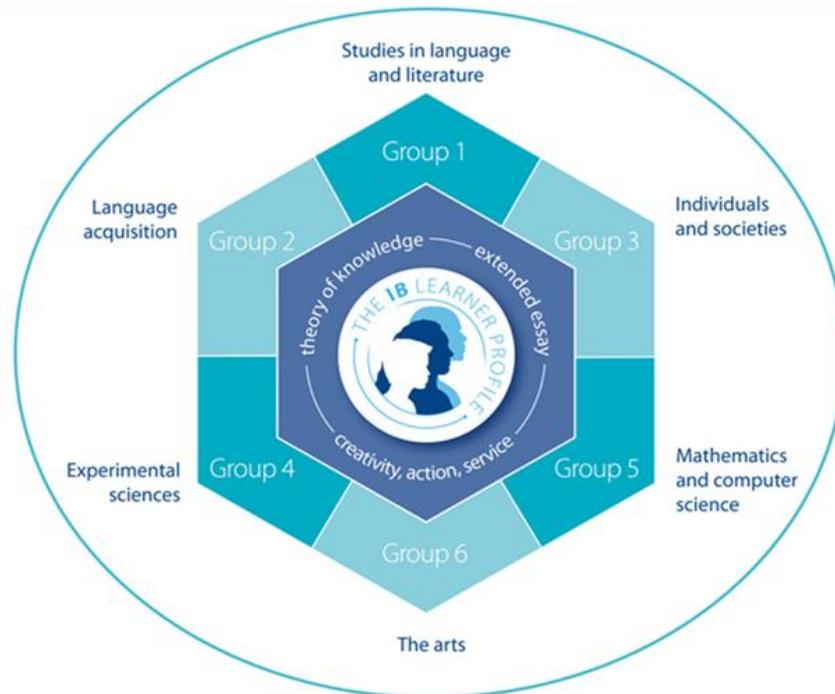
**Lisa McCahon**

IB Coordinator

**Terri Ignaitis**

College & Career Advisor

# Sophomore IB Diploma Decision Information Meeting September 18<sup>th</sup>, 2019



# Q & A will follow our presentation on IB and college

Please hold your questions until the  
end. Please write down any question  
you have throughout the  
presentation for the Q & A session

This PowerPoint presentation will be  
posted on the school website in the  
IB Programme and College & Career  
Center sections

# After This Meeting, You will Be Able To.....

- Understand ICAP expectations
- Understand what IB is and how it is different
- Understand why IB prepares you for university
- Understand the IB Course offerings and how to plan for IB course registration in the Spring
- Understand the Diploma Requirements
- Understand the choice between the full IB Diploma and an IB Course Student
- Know where to find additional IB resources

# ICAP Expectations

- ICAP courses are more rigorous
  - ICAP Eng II, ICAP MEH, ICAP French 2/3, ICAP Span 2/3
  - Expect more reading, writing etc.
- Develop attributes of the IB Learner Profile
- Prepare for IB coursework
  - Skills
  - Critical thinking
  - Time management skills
- Learn how to ask for help & communicate with your teacher
  - Okay if course is challenging. Don't give up. Learn how to advocate for yourself and get help when you need it.



# The IB Mission

“The International Baccalaureate aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

To this end, the organization works with schools, governments and international organizations to develop challenging programmes of international education and rigorous assessment. These programmes encourage students across the world to become active, compassionate and lifelong learners who understand that other people, with their differences, can also be right.”

*- IB Brochure*



## Sequoia High School’s IB Goal

In line with the IB Mission, Sequoia strives to include all students in the ICAP & IB Program. Our goal is for our ICAP and IB courses to reflect the larger diverse student population. The more students participating in the program, the more perspectives are brought to the class discussions, making the class more enriching for all students. We all learn from each other. We strive to not only encourage students to prepare for university and the world by challenging themselves in ICAP and IB, but to also provide support so they are successful.

# IB Learner Profile

- A set of learner outcomes
- “The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.” *IB Learner Profile Booklet*
- “IB programmes promote the education of the whole person, emphasizing intellectual, personal, emotional and social growth through all domains of knowledge. By focusing on the dynamic combination of knowledge, skills, independent critical and creative thought and international-mindedness, the IB espouses the principle of educating the whole person for a life of active, responsible citizenship.” *IB Learner Profile Booklet*
- Creating a lifelong learner.

<b>Inquirers</b>	<b>Knowledgeable</b>
<b>Thinkers</b>	<b>Communicators</b>
<b>Principled</b>	<b>Open-minded</b>
<b>Caring</b>	<b>Risk-takers</b>
<b>Balanced</b>	<b>Reflective</b>

\*See IB web page on school website under Reference Documents



## IB learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

As IB learners we strive to be:

### INQUIRERS

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

### KNOWLEDGEABLE

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

### THINKERS

We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

### COMMUNICATORS

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

### PRINCIPLED

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

### OPEN-MINDED

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

### CARING

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

### RISK-TAKERS

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

### BALANCED

We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

### REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

# Academic Honesty

- IB and Sequoia take academic honesty very seriously!
- **There is a zero tolerance policy for plagiarism and cheating.** Should this be discovered and confirmed by a teacher or other staff member, it will result in an AVP referral.
- **If malpractice occurs in ICAP classes, the consequences as stated in the Sequoia Union High School District Academic Integrity Policy and Sequoia High School ICAP/IB Academic Honesty Pledge will be carried out.**

# Academic Honesty

- Can impact your college admissions process
- Private college reps have stressed their focus on integrity and honesty.
  - Violations in these areas are big red flags to university
- Private college reps have stated that if students are caught cheating resulting in a disciplinary action, students are expected to tell colleges about the incidence.
  - Colleges want to hear it from the student first before they hear about the incidence from another source

# Planning for IB....



# 10 REASONS

## WHY THE IB DIPLOMA PROGRAMME IS IDEAL PREPARATION FOR UNIVERSITY

### 1 IT OFFERS ACADEMIC BREADTH & DEPTH

IB Diploma Programme students are 21% more likely to be admitted into 10 of the most prestigious universities, including Harvard, Princeton, Yale and Stanford.



### 2 COLLEGES VALUE STUDENTS WITH MEANINGFUL EXPERIENCES BEYOND THE CLASSROOM

Creativity, action, service (CAS) encourages learning through direct experience.



### 3 IT'S A QUALIFICATION RECOGNIZED BY UNIVERSITIES

AROUND THE

The IB Diploma Programme is internationally benchmarked, allowing graduates to continue their studies anywhere in the world.

### 4 IT CREATES INDEPENDENT LEARNERS & STRONG WRITERS

The extended essay requires independent research through an in-depth study and a 4,000 word essay.



### 6 IT ASSESSES MORE THAN EXAMINATION TECHNIQUES

IB never teaches to the test—exams are externally assessed with no grade inflation for more than 30 years.

### 5 IT CULTIVATES AN INTERNATIONAL MINDSET



An international mindset is a key 21st century learning skill. Second language learning—an IB requirement—has been linked to higher achievement in school and university.

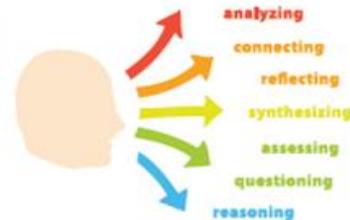
### 7 IB STUDENTS HAVE PROVEN TIME MANAGEMENT SKILLS

Research has found that IB students develop strong study habits and critical time management skills, key indicators of college readiness.



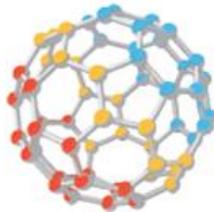
### 8 THE IB ENCOURAGES CRITICAL THINKING

Inquisitiveness and interpretation are among the key cognitive properties of an IB education.



### 9 SUBJECTS AREN'T TAUGHT IN ISOLATION

Theory of knowledge classes encourage students to make connections between subjects and gain the skills they need to be critical thinkers.



### AND HERE ARE 10 MORE REASONS...

The IB learner profile offers 10 qualities underpinning the Diploma Programme—from open-minded to risk-taker to balanced, they form a framework for an international education that meets the needs of a changing world.

# Facts & Figures: The Diploma Programme Around the World



**1.3** million\*  
DP graduates

**140+** countries

\*as of May 2015



In a recent DP study at the University of Oregon's Honors College,



sample size: 18 students



Alumni of the Diploma Programme attend top-ranking universities, studies find.<sup>1</sup>

DP students not only do well academically while in high school, but also go on to perform well at the university level.<sup>2</sup>

**79%** of DP graduates in China attended universities in the US, UK, Hong Kong, Singapore and Canada.<sup>4</sup>



DP students in the US who enrolled in post-secondary education immediately after high school **enrolled in and graduated from four-year institutions at much higher rates than the national average.**

**95%**  
of DP cohort

60% national cohort

enrollment at four-year institutions (public and private)



**79%**  
of DP cohort

39% national cohort

average graduation rate at four-year institutions (public and private)



**A+** University admissions officials say the DP is the best qualification for developing students' non-academic skills and preparing them for further education and careers.<sup>5</sup>

#### Encouraging independent inquiry



#### Developing workplace skills



#### Nurturing an open mind



#### Developing self-management skills



#### Developing global awareness and connectivity



DP alumni report the IB has profound, long-lasting effects on students' lives. It helps them **develop critical thinking, analytical and writing skills and a broader world view**. In addition, they point out that they earned advanced credits for university.<sup>6</sup>



International-mindedness means having the opportunity to have doors opened in other countries and widely renowned universities.<sup>7</sup>

(DP student, p.38).



A recent study among DP schools in Australia, China and India found that international-mindedness can be categorized as a tool for individual gain, an orientation towards shared understanding and a way to push boundaries for change.

- <http://ibo.org/globalassets/publications/ib-research/dp/china-summary-in-english-web.pdf>  
<http://ibo.org/globalassets/publications/ib-research/dp/college-readiness-summary-en.pdf>  
<http://ibo.org/globalassets/publications/ib-research/dp/ib-student-studying-at-a-higher-education-institution-shows-how-they-learn-2011.pdf>
- <http://ibo.org/globalassets/publications/ib-research/dp/ib-student-enrollment-outcomes-us-brief-en.pdf>
- <http://www.ibo.org/globalassets/publications/ib-research/dp/college-readiness-summary-en.pdf>
- <http://ibo.org/globalassets/publications/ib-research/dp/china-summary-in-english-web.pdf>
- <http://www.acs-schools.com/University-Admissions-Officers-Report-2015>
- <http://ibo.org/globalassets/publications/ib-research/continuum/longer-term-outcomes-summary-en.pdf>
- <http://www.ibo.org/globalassets/publications/ib-research/dp/international-mindedness-summary-en.pdf>



International Baccalaureate  
Baccalauréat International  
Bachillerato Internacional

Learn more about the IB at [ibo.org](http://ibo.org)

# What's Exciting About IB?

- Can access IB at your comfort level
  - Do full IB Diploma
  - Or focus on individual IB courses
- IB scores represent a variety of assessments
  - Not just how you performed 1 day on a test
  - Includes Internal & External Assessments throughout the course
  - Some courses include oral assessments
  - Criterion-referenced assessments

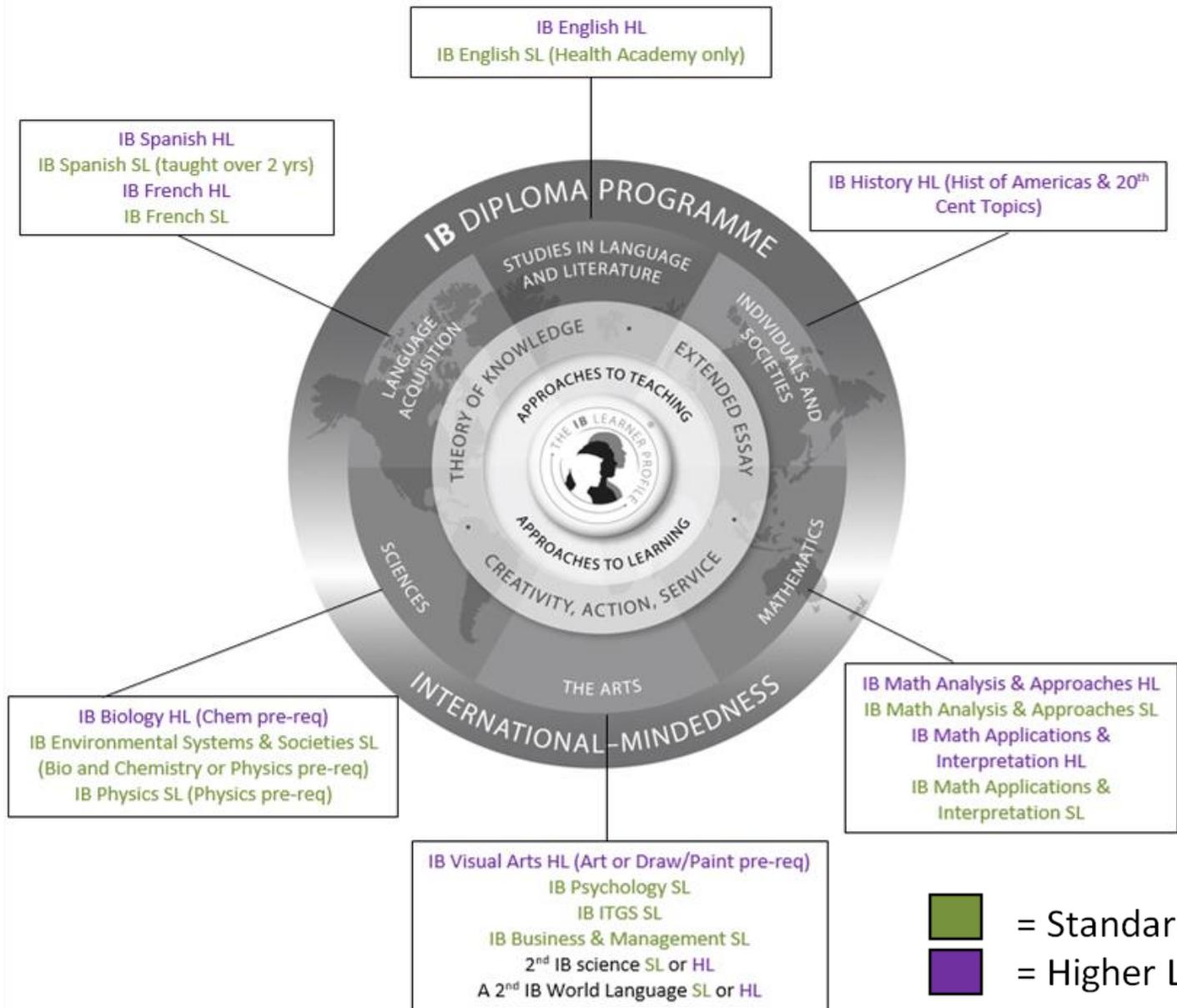
# Sequoia's IB For ALL Mission

- IB has many benefits
- Our IB Program is open to ALL students
- Goal: All students take at least 1 IB course before they graduate
- Ask your student, “What IB class will you take?”

# What is HL vs. SL?

- HL = Higher Level
  - IB requires a minimum of 240 hours of instruction
  - Taught over two academic school years
- SL = Standard Level
  - IB requires a minimum of 150 hours of instruction
  - Can be taught over 1 or 2 academic school years
  - One year SL courses at SQ = IB Psychology, IB Business & Management, IB ES, IB Physics, IB Math Analysis SL, IB Math Applications SL, IB French SL (teacher rec only)
  - Two year SL courses at SQ = IB Spanish
- Diploma students are only able to test at the HL level in 4 subject areas.

# IB Sequoia Course Offerings



# Things You Need to Know

- IB Courses with Pre-requisites
  - IB Physics: Physics pre-requisite
  - IB Visual Art: Draw/Paint or Art 1 pre-requisite
  - IB Environmental Systems & Societies: Biology and Chemistry or Physics pre-requisite
  - IB Biology: Chemistry pre-requisite
    - Intended pathway 9<sup>th</sup> Physics, 10<sup>th</sup> AS Chem. or Chem.
  - IB Spanish Y4 & IB French Y4: Completion of level III prior to junior year with C- or higher (Span 2/3 ICAP, French 2/3 ICAP, Spanish III, French III or Span III NS)
  - IB Math courses require the completion of the course preceding it with a C- or higher
- IB Physics recommended for senior year
  - More math knowledge the better
- Up to 7 IB courses can be taken but only 6 will count for diploma status; max is 6 for Diploma students

# IB Exams

So you can financially plan ahead.....

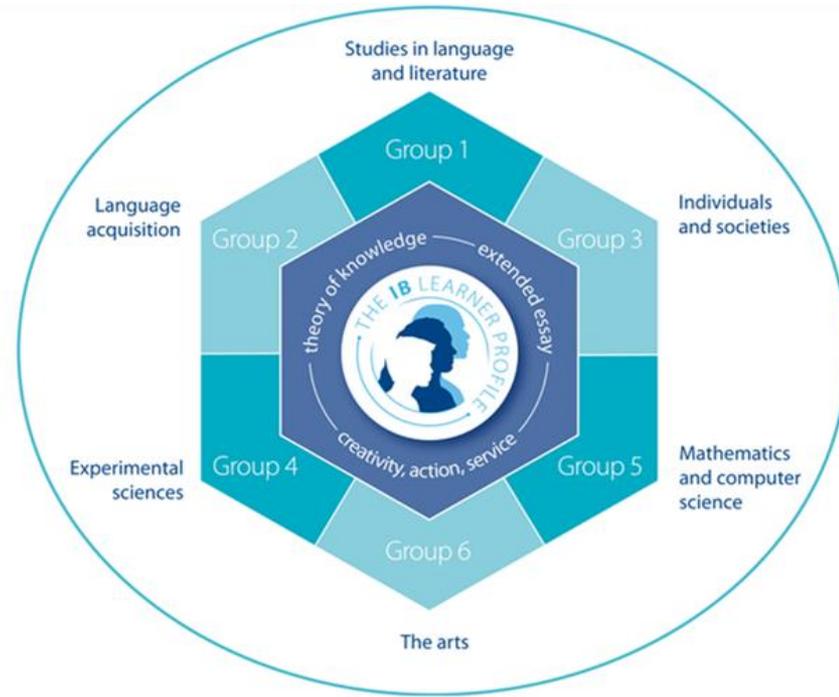
- IB is a fee based program
  - IB exams have fees.
  - Scholarships are available for those families who qualify for free/reduced lunch.
- Sit for the exam in May at the end of the course. (2<sup>nd</sup> year if 2 year course)
- Universities expect students taking an IB course to sit for the corresponding exam.
- Taking an IB course and an IB exam adds value to your college application- more competitive

# Diploma Information



# Requirements for the Full IB Diploma

1. Completion of either:
  - 3 Higher Level exams and 3 Standard Level exams (HL taught over two years)
  - OR 4 Higher Level exams and 2 Standard Level exams
2. Successful completion of:
  - All internal assessments
  - All oral assessments
3. Successful completion of:
  - CAS
  - Extended Essay
  - TOK
4. Minimum score of 24 with no failing conditions.



# Extended Essay (EE)

- 4,000 word independent research paper on topic of their choice related to one of the IB subjects.
- EE support given through the TOK course
- Must work with a staff supervisor
- Final draft due in May junior year

# Theory of Knowledge (TOK)

January 2020 – December 2020

- Is a 7<sup>th</sup> class (not necessarily 7<sup>th</sup> period)
- What is TOK?
  - “The TOK course, a flagship element in the Diploma Programme, encourages critical thinking about knowledge itself, to try to help young people make sense of what they encounter. Its core content is questions like these: What counts as knowledge? How does it grow? What are its limits? Who owns knowledge? What is the value of knowledge? What are the implications of having, or not having, knowledge? “ *IB Theory of Knowledge Guide*
- EE is a TOK course requirement at Sequoia

# Creativity, Activity and Service (CAS)

- **CREATIVITY:** Arts, and other experiences that involve creative thinking, original thinking and expression. “Exploring and extending ideas leading to an original or interpretive product or performance.”
- **ACTIVITY:** : A physical activity- “physical exertion contributing to a healthy lifestyle.”
- **SERVICE:** an unpaid and voluntary exchange that has a learning benefit for the student. A “collaborative and reciprocal engagement with the community in response to an authentic need.”

~ *IB CAS Guide*

# Creativity, Activity and Service (CAS)

- Magdalena Galvan CAS Coordinator
- September 11<sup>th</sup> grade- April 12<sup>th</sup> grade
- 3-4 hours per week (minimum 150 hours)
- Must be continued over the course of two years
- CAS experiences are based on a personal interest, skill, talent or opportunity for growth
- Doing & Thinking
- Set goals, investigate, plan, do, reflect, demonstrate
- CAS Portfolios
  - Ongoing reflection
  - Evidence
  - Show you have met CAS Learner Outcomes & developed attributes on the IB Learner Profile
- CAS Interviews w/ IB Coordinator: Group Project Planning Meeting Sept-March 11<sup>th</sup> grade, Jan 11<sup>th</sup> grade, Oct/Nov/Dec 12<sup>th</sup> grade

# IB Diploma Timeline

- Attend mandatory **May 13<sup>th</sup>, 2020** meeting 10<sup>th</sup> grade
- Declare Diploma candidate by **June 1st, 2020** 10<sup>th</sup> grade
  - Complete Diploma Declaration form in IB Office
  - Ensure 11<sup>th</sup> grade schedule has 3 HL courses
- Summer CAS Assignments
  - CAS Brainstorm Worksheet
  - CAS Action Plan
  - Summer CAS Assignment DUE **August 21st, 2020** 11<sup>th</sup> grade to the IB Office
- Attend mandatory CAS meeting **August 26<sup>th</sup>, 2020** 11<sup>th</sup> grade
- Complete CAS assignments due on **September 4<sup>th</sup>, 2020** 11<sup>th</sup> grade
- CAS hours begin the start of junior year
- Students are responsible for these deadlines and submitting their own documents. Students must own this for themselves and learn to self-manage

# Student's Choice: Full Diploma or Course Student?

- IB Diploma Course Student = a student who chooses which IB classes he/she will take from the list of courses offered. Focuses on areas of strength & passion.

**OR**

- IB Full Diploma Student = a student who chooses to take an IB class in each of the six subject areas PLUS take T.O.K., do the EE and fulfill the C.A.S. requirement.
- Needs to be the student's choice!
- Which one is better? It's not about better or worse: it's which one is the best "fit" for your student

# Balancing Passions & IB

- Full Diploma is a big commitment and limits course elective selections
- Not budgeted for 8 classes. Allowed 7 classes including TOK
  - AVID & TOK allowed as 8 classes
- Will have to pick priorities. Okay to pick passions like Band, Advanced Dance, Choir, Orchestra, Student Leadership, Stagecraft, Journalism etc. over the Diploma.
  - Follow your passions!
- ASB & Class President student government positions require enrollment in the Student Leadership course
- Consider Pamoja (online IB courses) for a fee. ALL courses are 2 years.
  - Can apply for scholarship if free/ reduced lunch

# A Delicate Balance

- Parents/Guardians: Assessment of your child's academics and health.
  - How is your student doing academically?
  - Do they need to reach out to their teacher for help?
  - What is your student's stress level and their emotional health?
  - Do they need additional supports?
  - Recognize pressure put on students for college admissions. Help try to reduce pressure
- Transcripts and Grade Point Averages (GPA's) are VERY important for college admissions & scholarships.
  - Balance between GPA & rigor. (Don't want D's with all ICAP/IB courses but not all A's with no honors)
- Encourage students to challenge themselves and take advantage of Sequoia's ICAP/IB Program **AND at same time**, know your (your child's) limits to stay balanced and healthy
  - This limit varies from student to student
  - Don't do the Diploma just because your friend is
- Connect with support and resources if needed. **Students ask for help when needed**
  - SAFE Programs: ICAP Tutorials, Learning Center- TBD
  - English Summer Bridge, History Summer Bridge, IB Bootcamp
  - Reach out and ask your teachers for help
  - Guidance Counselor
  - IB Office
  - Teen Resource Center

# Online Resources

- [www.ibo.org](http://www.ibo.org)
- [www.sequoiahs.org](http://www.sequoiahs.org) Go to Parent/Community tab, Click on IB Programme.
  - SQ IB Course offerings & sample IB course sequences.
  - Reference Documents (CAS Handbook, General regulations, Academic Honesty etc.)
  - SQ IB Statistics
  - Colleges attended by SQ IB graduates
  - Exam schedule and fees
- **Links to ibo and SQ IB website through Naviance.**

# Videos

- <http://blogs.ibo.org/ibtv/?p=438>
  - IB Testimonials on IB public website
- <http://blogs.ibo.org/ibtv/?p=401>
  - College rep perspective Swarthmore College
- <http://www.sequoiahs.org/?id=1037#2289>
  - Sequoia testimonials on IB Sequoia website
  - In English and Spanish

# We Need Your Help

Please consider volunteering to  
proctor an IB exam in May

We rely on parent/guardian help to  
administer IB exams

The expectation is for families to  
proctor one exam in May if you are  
available during the school day

# 10<sup>th</sup> Grade Level Meeting: College Information

**Terri Ignaitis**  
College Advisor

# Sophomore Four-Year College Bound Meeting: 4 Yr College Systems Explained

1. CSU
2. UC
3. Private Schools
4. Out of State Public Schools
5. College Admissions Testing Timeline
6. Extra-Curricular Activities Timeline
7. Things to Think about Now

# Four Year College Systems

CSU, UC, Private and Out of State  
Public Colleges

# CSU Minimum Requirements

- Minimum Requirements For Guaranteed Admission to Non-Impacted and Local Campuses
  - A-G Course Completion (C or better)
  - Take and submit SAT/ACT
  - At least 2.0 GPA with a corresponding SAT or ACT score (see chart on next slide)
  - GPA and Test Scores are calculated to get Eligibility Index
    - Minimum index is 2950
- Some majors and/or campuses have higher standards to be admitted
  - Go to csuapply for more information

*No letters of recommendation required*

*No written personal statement required*

*No transcript sent until requested (either 7<sup>th</sup> semester or after graduation)*

## Eligibility Index - California Residents

Eligibility Index Table for Residents of California or Graduates of California High Schools								
GPA	ACT Score	SAT Score	GPA	ACT Score	SAT Score	GPA	ACT Score	SAT Score
<i>3.0 and above qualifies for any score</i>								
2.99	10	510	2.66	17	780	2.33	23	1040
2.98	10	520	2.65	17	780	2.32	23	1050
2.97	10	530	2.64	17	790	2.31	24	1060
2.96	11	540	2.63	17	800	2.30	24	1060
2.95	11	540	2.62	17	810	2.29	24	1070
2.94	11	550	2.61	18	820	2.28	24	1080
2.93	11	560	2.60	18	820	2.27	24	1090
2.92	11	570	2.59	18	830	2.26	25	1100
2.91	12	580	2.58	18	840	2.25	25	1100
2.90	12	580	2.57	18	850	2.24	25	1110
2.89	12	590	2.56	19	860	2.23	25	1120
2.88	12	600	2.55	19	860	2.22	25	1130
2.87	12	610	2.54	19	870	2.21	26	1140
2.86	13	620	2.53	19	880	2.20	26	1140
2.85	13	620	2.52	19	890	2.19	26	1150
2.84	13	630	2.51	20	900	2.18	26	1160
2.83	13	640	2.50	20	900	2.17	26	1170
2.82	13	650	2.49	20	910	2.16	27	1180

2.81	14	660	2.48	20	920	2.15	27	1180
2.80	14	660	2.47	20	930	2.14	27	1190
2.79	14	670	2.46	21	940	2.13	27	1200
2.78	14	680	2.45	21	940	2.12	27	1210
2.77	14	690	2.44	21	950	2.11	28	1220
2.76	15	700	2.43	21	960	2.10	28	1220
2.75	15	700	2.42	21	970	2.09	28	1230
2.74	15	710	2.41	22	980	2.08	28	1240
2.73	15	720	2.40	22	980	2.07	28	1250
2.72	15	730	2.39	22	990	2.06	29	1260
2.71	16	740	2.38	22	1000	2.05	29	1260
2.70	16	740	2.37	22	1010	2.04	29	1270
2.69	16	750	2.36	23	1020	2.03	29	1280
2.68	16	760	2.35	23	1020	2.02	29	1290
2.67	16	770	2.34	23	1030	2.01	30	1300
						2.00	30	1300
<i>Below 2.0 does not qualify for regular admission            For admissions purposes, the CSU uses only the SAT scores for            mathematics and critical reading.</i>								

# CSU Local and Impacted Campuses

- **San Mateo County Local Campuses: SF State and Cal State East Bay**
  - If meet minimum requirements, will be admitted
- **Non Impacted Campuses**
  - East Bay, Bakersfield, Channel Islands, Dominguez Hills, Maritime Academy, and Stanislaus
- **Impacted CSU Campuses 17/23**
  - Use supplementary criteria
  - **More qualified applicants than space for admission**
    - SLO\*, San Diego, Long Beach, Fullerton, Pomona
      - super competitive 3.5 GPA ^

# How Students are Selected to CSU at Impacted Schools

- CSU System Wide Minimum Eligibility Index: 2950
- CSU Eligibility Index is calculated using the formula below:
  - Using SAT scores =  $\text{GPA} \times 800 + \text{SAT Total}$   
(mathematics and critical reading scores)
  - Using ACT scores =  $\text{GPA} \times 200 + (10 \times \text{ACT composite score})$
- Based on the application pool each year, each CSU decide on their minimum Eligibility Index for admission
- Some schools have an Eligibility Index admit number for each major (undecided is a major)
- Some schools publish index admit numbers (SJS) and some do not (SLO)
- Students can figure out **Eligibility Index** at the end of junior year after taking SAT or ACT

# How Can You Become More Competitive for CSU

- Go beyond the minimum A-G course work
- Grades are the most important factor in admission
  - Maintain high GPA
  - Retake courses with grades lower than a “C”
- Take some honors/IB/AP courses
  - Can receive up to 8 semester honors points to add to your GPA
- Prepare for standardized exams
  - Take over if necessary to get a higher score

# Eligibility vs Selection

## Non-Impacted vs Impacted

Minimum CSU		Cal Poly SLO Desired Course Pattern
English	8	10
Algebra I & II	4	4
Geometry	2	2
Advance Math	0	4
Foreign Lang	4	8
Lab Science	4	8
Social Studies	4	4
VPA	2	4
Electives	2	2

Numbers represent semesters

# UC Minimum Requirements

- Minimum Requirements For Guaranteed Admission
  - 15 A-G Courses Completed with a C or better
    - average UC admitted student has 23 completed
  - Take and submit SAT Reasoning with writing and/or ACT with writing
  - 3.0 GPA
    - Weighted using a maximum of 8 honors/IB/AP courses
- Application Includes: Four Personal Insight Questions @350 words each, list of activities and honors

***UC DO NOT Require Letters of recommendation***

***Transcripts are not sent until after graduation from high school***

# How UC Applications are Reviewed

From UC website

## Comprehensive Review

While all UC campuses use the same 14 factors to evaluate applications, they often apply these factors differently. Review the selection process of each campus on the UC website

### THE 14 FACTORS THE UC SYSTEM WEIGHS

1. Grade-point average
2. Test scores
3. Performance in and number of courses beyond minimum a-g requirements
4. UC-approved honors courses and advanced courses
5. Eligibility in the Local Context (ELC) – CA residents only
6. Quality of senior-year program of study
7. Academic opportunities in California high schools
8. Outstanding performance in one or more academic subject areas
9. Achievements in special projects
10. Improvement in academic performance
11. Special talents, achievements and awards
12. Participation in educational preparation programs
13. Academic accomplishment in light of life experiences
14. Geographic location

*Note: No single factor determines admission.*

# UC:HOW TO BECOME A COMPETITIVE APPLICANT (From EAOP)

- **Take advanced courses**, including community college and summer school offerings.
- **Aim for a higher GPA** by studying more, especially for AP and honors classes, which offer bonus GPA points.
- **Improve your college entrance exam scores** by taking them in 11th grade, so you have a second chance to take them in 12th grade if necessary.
- **Participate deeply in academic enrichment and extracurricular activities** that are meaningful to you and reflect your interests.
- **Devote time and careful work to writing your personal statement**; make it clear, compelling and relevant to the rest of your application. Seek input on drafts from a few trusted readers before you complete the statement.
- **Apply to a wide range of UC campuses**, keeping an open mind about their suitability. You can use the same application for all nine campuses; UC will waive application fees for up to four campuses for students who apply for a fee waiver within the online application, and you'll be notified immediately as to whether you qualify for this waiver.

# Private Colleges/Universities

- Each school has own requirements
- Most want A-G Course work and some form of standardized tests
- Application includes essays – Broad personal statement and supplements (Why do you want to go to .....?)
- School Report (SR)
- Letters of Recommendation (LOR)

Who would be a good teacher?

2<sup>nd</sup> Semester of 11<sup>th</sup> grade can start to ask

USE UC: How to Become Competitive Slide as Guideline

# Out of State Public Schools

- Each school has own requirements
- Most want A-G and some form of standardized tests
- Have a lot of research opportunities for students
- Are not normally impacted
  - If you meet the minimum requirements, you are admitted
- Most CA Residents will pay out of state fees
  - Some colleges give CA Residents discount fees for students with strong GPAs and test scores
- Some have applications like Private Colleges
  - University of Michigan and University of Colorado, Boulder

USE UC: How to Become Competitive Slide as Guideline

# How do Private Schools and Out of State Public Schools Review Applications?

- Read individual college websites to see what they value
  - For Example: 80% of students study abroad or do community service
- Look at the degree of competition of the college on the Student/Freshmen Profile Page
  - For Example: What is the average GPA? SAT? # of Honors Courses?
- Attend College Presentations
  - At school through Naviance and in the local area by looking at college websites and the weekly email

# Look at Student Profile or Freshmen Profile



## Admitted Student Academic Profile

The University of Richmond practices a holistic, highly selective admission process, so numbers are only one piece of the puzzle. The following ranges are not predictors of admission, nor do they account for all academic factors (such as rigor of curriculum, high school context, etc.); they simply reflect the middle half of students admitted to the Class of 2016, from the 25th percentile to the 75th percentile.

Unweighted Core GPA:	3.53-3.94
SAT Critical Reading:	620-730
SAT Math:	650-740
SAT Total (1600):	1290-1440
SAT Writing:	630-730
SAT Total (2400):	1940-2150
ACT:	30-33

Are you in this range?

## Student Profile

[Overview](#)

[Academics](#)

[Financial Aid](#)

[Activities](#)

[Geography](#)

Admission Timeline

Admission Requirements



28 Westhampton Way  
University of Richmond, VA 23173  
(804) 289-8000

GENERAL INFO

UR Facts

SCHOOLS

Arts & Sciences

ADMINISTRATION

President's Office

COMMUNITY

Civic Engagement

# Testing and Activity Timelines

Annual Review

# 10<sup>th</sup> Grade Testing Timeline

	How to Sign Up	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
PSAT	No registration Taken during school day		Oct	Oct	
SAT Reasoning w/writing	Register on own www.sat.org Pay fee			Spring March, May	Fall If needed
ACT w/writing	Register on own www.act.org Pay fee			Spring Feb, April	Fall If needed
SAT Subject Exams	Register on own www.sat.org Study guides in Room 115 Pay fee	June after course completed <b>Science</b>	June after course completed <b>History</b> <b>Science</b>	June Math II Various Subjects	Fall If needed
IB	Register with McCahon individually			May Aligned to SL Courses	May Aligned to HL/SL Courses
AP	Register with AP teacher or with treasurer after speaking to world language teacher		May Native Speaker Sp III or higher Native French	May Calc AB or BC Spanish or French (IV or	May Calc AB or BC Statistics

# Why Take Subject Exams?

- Some schools require
- Show your mastery of a particular subject you want to highlight in your application
- Some schools/programs recommend
  - EXAMPLE: Subject Area Exams are recommended for some majors at some UCs. For more information on UC recommendations go to link below

<https://admission.universityofcalifornia.edu/admission-requirements/freshman-requirements/exam-requirement/sat-subject-tests.html>

# Testing Events at Sequoia

- PSAT at Sequoia – **October 16<sup>th</sup>**
- PSAT Results and Testing Timeline Information Meeting- **January 9<sup>th</sup>**
- **ACT/SAT Prep on Sequoia Campus**
  - Mock ACT- **September 14<sup>th</sup> (already passed)**
  - Mock SAT – **January 25<sup>th</sup>**

**WHAT IS YOUR IMPACT?**

Get Involved

# **Brown Admission's Quote About A Student's Activities**

**“We don't care about what you do, we care that YOU care about what you do”**

# 10<sup>th</sup> Grade: Impact on Community and School

	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
Inside School	try out clubs and activities	Choose one or two activities you want to commit to in high school <b>Become an active participant!</b>	Become a formal leader or plan an event within the club. <b>Commit to the club beyond lunch time meeting</b>	As a leader, make responsible decisions that create an impact at school
Outside School	<ul style="list-style-type: none"> <li>•Learn about community service opportunities</li> <li>•Continue outside activities of interest</li> </ul>	<ul style="list-style-type: none"> <li>•Commit to a volunteer opportunity for 1 hr a week</li> <li>•Continue outside activities of interest</li> </ul>	<ul style="list-style-type: none"> <li>•Continue volunteering</li> <li>•Continue outside activities of interest</li> </ul>	<ul style="list-style-type: none"> <li>•Continue Volunteering</li> <li>•Continue outside activities of interest</li> </ul>

# What you can do to figure out what type of college is the right fit?

- Sign up for college representative visits at Sequoia (listed on Naviance)
- Sign up for college representative visits in the area
- Visit colleges in the Bay Area to get a feel of the different types of campuses
- Attend college fairs
  - NACAC STEM College Fair in Santa Clara – Oct 6th
  - NACAC Visual and Performing Arts Fair in Santa Clara– Sept 19<sup>th</sup>
  - National Portfolio Day in San Francisco – Nov 17<sup>th</sup>
  - WACAC College Fair at CSU East Bay –May 1st
    - Sequoia takes students during school day – Field Trip

# Things to Think About Now!

- How are your grades? Do you have any D's or F's that would make you ineligible to apply for college? (sign up for credit recovery program with counselor)
- Are your courses rigorous enough?
- ALWAYS update your extracurricular activities log in Naviance resume
- Plan out SAT or ACT/SAT Subject Area Exams
- Enter Contests and Scholarships
- Attend College Fairs
- START the Application Process – **UNDERSTAND EVERY COLLEGE IS DIFFERENT!**
- Read the Weekly Email from Naviance

# How Do You Use Naviance as a Sophomore?

## College Tab:

- Sign Up for College Visits
- Research Scholarships

## Colleges I'm Thinking About Tab:

- Add new colleges
  - If that school comes to Sequoia, you will be notified
- Scattergrams and Website Info
  - Can look at once PSAT scores are added in January

## About Me:

- Update Resume AFTER completing an activity or receiving an award

The screenshot displays the Naviance website interface. At the top, there is a navigation bar with tabs for Home, Colleges, Careers, About Me, and My Planner. A dropdown menu is open under the 'Colleges' tab, showing options: Home (with a house icon), I'm thinking about (with a heart icon), and I'm applying to (with a graduation cap icon). Below the navigation bar, there are three main content sections: 'My Favorites' (a dark blue header), 'What's New' (a teal header), and a notification area. The 'My Favorites' section contains three items: 'COLLEGES I'm thinking about' (heart icon), 'COLLEGES I'm applying to' (graduation cap icon), and 'CAREERS AND CLUSTERS I'm thinking about' (heart icon). The 'What's New' section features a notification: 'University of New Mexico will be visiting your school on Friday, November 16th, 2018 at 10:30 am more info / register'. The bottom of the screen shows a Windows taskbar with various application icons and the system clock.

# Make the Process Enjoyable

Focus on the positive activities in your life and positive characteristics you possess instead of what you have not done and who you are not.

EX: If you do not like community service, a lot of public universities do not require.

There is a college for EVERYONE!

# THANK YOU

Please contact us with further questions at:

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IB Coordinator

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Emails preferred for faster response