

College/ IB Senior Grade Level Meeting

Lisa McCahon

IB Coordinator (she/her)

lmccahon@seq.org

Teresa Ignaitis (she/her)

College & Career Advisor

tignaitis@seq.org

Teresa Yeager (she/her/ella)

College & Career Advisor

tyeager@seq.org

Q & A will follow our
presentation on IB and college

Please write down any question you
have throughout the presentation for
the Q & A session.

Welcome Senior Parent College Information Night August 30, 2022

Teresa Ignaitis
she/her

tignaitis@seq.org

Teresa Yeager
she/her/ella

tyeager@seq.org

Parent/Guardian Pressure

- Students want to please parents and during this stressful period it is important to be mindful of the following:
 - Telling others where your child is applying – “Mele is applying to Stanford”
 - Making your child apply to a school he/she really doesn’t want to go and/or apply
- Suggestions About College Conversations
 - Choose a weekly time to discuss college planning, limit discussion to that time

COVID -19 Impact: Overall Response by Colleges

- Flexible
- More focus on course rigor
- No student will be negatively affected by Pass/No Pass or Testing
- Can explain situation in additional comments or answer the Covid-19 on the Common Application

UCLA Director of Admissions, Gary Clark

“Worry about the things you can control”

Check all colleges' policies on their websites - especially about testing

Test-Optional and Covid 19

From the
**NACAC Task Force on
Standardized Admission
Testing for International
and US Students**

Some colleges are
Test-Optional so scores
can be used in the future
for placement and not
admissions

Understanding “Test-Optional”

“Test-optional” is a blanket term to describe an institutional policy around not requiring standardized exams, or a specific exam. In practice, “test-optional” typically refers to institutions that give students the choice to submit scores if they feel it reflects their true ability. Institutions will still consider scores if submitted. “Test-flexible” refers to institutions that give students a choice about which type of assessment to submit. “Test-blind” refers to institutions that will not consider standardized testing for any applicant, even if submitted.

Weekly Email Newsletter

- Strongly recommended to read all Naviance emails.
- **It is the main source of information surrounding the college application process specific to Sequoia**
- IF a student is not receiving the email, after checking SPAM folder, email Ms. Ignaitis/Ms. Yeager
- **PARENTS: If you use a different email, you need to change it on Infinite Campus for it to change on Naviance (contact Counselor)**

The Way the Application Process Works at Sequoia

- Every requirement has a thoughtful reasoning behind it
- As a big school that sends thousands of documents to colleges each year, we must have a systematic approach that all students need to follow
- The handout starting with “Responsibility Guidelines for Private Colleges and/or Common Application” are a good reference to keep on the fridge.

We are a NAVIANCE School

We are a NAVIANCE School

- All colleges you are applying to need to be listed on Naviance
- All school documents are sent via Naviance
- **A student HAS TO WORK** with Sequoia's Staff and Naviance in order to complete The Common Application and any other private school application
 - Even if you are working with a independent counselor outside of our school
- Students link their Common App to Naviance accounts (if problem come into College Career Center)

Naviance **About Me** tab:

The screenshot displays the Naviance 'About Me' tab. The top navigation bar includes links for Home, Self-Discovery, Careers, Colleges, and Planner. The 'About Me' tab is selected, and a dropdown menu is visible, showing options such as 'About Me Home', 'Account', 'My Account', 'Documents and Notes' (with sub-links like Resume, Goals, Portfolio, Journal, Test Scores, and Documents Shared with Me), 'Surveys' (with sub-links like Surveys from Your School and Game Plan Survey), and a 'LOG OUT' button. The main content area features a 'My Favorites' section with links to 'COLLEGES I'm thinking about' and 'COLLEGES I'm applying to', and a 'What's New' section listing upcoming university visits, such as Purdue University and the University of British Columbia.

- Update: **Resume**
- Complete Required Surveys: **Surveys from Your School**
 - Counselor, LOR and Senior Exit Survey (includes requesting final transcripts)

Naviance Colleges tab:

The screenshot shows the Naviance website's 'Colleges' tab. The top navigation bar includes 'Home', 'Self-Discovery', 'Careers', 'Colleges', and 'Planner'. The 'Colleges' tab is active, and a dropdown menu is open, showing options like 'College Home', 'Find Your fit', 'Research Colleges', 'Apply to College', and 'Scholarships & Money'. A red arrow points to the 'Apply to College' option. The main content area features a 'Welcome to all' message from Sequoia Community, a 'Read more' button, and a 'What's New' section. The bottom of the page has two teal-colored boxes labeled 'Important To-Dos and Tasks' and 'What's New'.

student.naviance.com/main

Google Cloud Print NACAC Tursted So... NACAC (74) California Cond... Travel: Vacations, C... Canvas - How to se... Canvas getting star... Log in - Smore Income Limits (100) No Jumping... google naviance id Calendly

NCE JOHNSONS

Home Self-Discovery Careers **Colleges** Planner

me, Terri!

Search for Colleges

College Home

Find Your fit

SuperMatch College Search

College Match

College Events

Advanced College Search

College Lookup

Research Colleges

Colleges I'm Thinking About

College Visits

College Compare

College Resources

Acceptance History

Enrichment Programs

College Maps

Apply to College

Colleges I'm Applying to

Manage Transcripts

Letters of Recommendation

Test Scores

Scholarships & Money

Scholarships I'm Applying To

Scholarship List

National Scholarship Search

SEARCH

Welcome to all

Dear Sequoia Community,

Welcome to Naviance! We are very excited to offer this tool that allows you to investigate, research, track, and plan the college admission process. It is also the way your counselor and Ms Ignaitis communicate with you. Every Naviance email gets sent to your school email account so please check your email regularly. It is important to read Ms Ignaitis' Weekly Naviance Email where all opportunities, events, and college specific information is presented. Opportunities include job postings, volunteer opportunities, internships, and scholarships.

Read more

COLLEGES I'm thinking about

COLLEGES I'm applying to

CAREERS AND CLUSTERS I'm thinking about

Important To-Dos and Tasks

What's New

- Move colleges from **Colleges I'm Thinking About** to **Colleges I'm Applying to**
- Add new colleges to **Colleges I'm Applying to** (research using **Scattergrams**)
- Sign up for a **College Visit**
- Research Scholarships on **Scholarship List**

Colleges I'm Applying To on Naviance

- All schools must be entered on the “*colleges I am applying to*” under the College tab section
- If you are applying to a specific program that has a date that is different than what is listed on Naviance (For Example Art Supplemental application or for scholarship consideration-a few schools have a different date) – you need to inform Ms Ignaitis, during at SR/LOR College and Career Meeting
- **DOCUMENTS CAN NOT BE SENT** if a college is not listed here!!
- **DOCUMENTS ARE SENT ACCORDING** to Due Dates in Naviance!

More information [How To](#) video clip on website

Colleges I'm Apply to:

Colleges I'm applying to Search for colleges

✓ Your Common App account has been matched.
Your FERPA status is waived. You're ready to apply to colleges using Common App.

Manage Transcripts Application Milestones Compare Me +

* = extended profile available REMOVE

College	Type	Deadline	Expected Difficulty*	Transcripts	Office materials	Submission Type	Application
<input type="checkbox"/> Azusa Pacific University	PRI	Priority February 15	N/A	no request	Pending		Unknown EDIT MORE
<input type="checkbox"/> California State University-Chico	RD	Regular Decision November 30	N/A	no request	Initial materials submitted		Unknown EDIT MORE
<input type="checkbox"/> University of Southern California	OTHR	Other December 1	N/A	no request	Pending		Unknown EDIT MORE
<input type="checkbox"/> St Mary's University College, Belfast	RD	N/A	N/A	no request	Pending		Unknown EDIT MORE
<input type="checkbox"/> University of Oregon	RD	-	N/A	no request	Pending		Unknown EDIT MORE
<input type="checkbox"/> University of Washington-Seattle Campus	RD	N/A	N/A	no request	Initial materials		Unknown EDIT MORE

SEND AN EMAIL
 REQUEST INFORMATION
 SCATTERGRAMS
 VISIT WEBSITE
 CONNECT

Show Me How

Type and Deadline: Regular, Early, Other, Priority are some examples of TYPES of Applications and the **DEADLINES** should **MATCH** those with the college's website

How Submitted: Common Application, electronically or directly to the institution or by mail

Milestones: See next slide

Adding Colleges : Plus sign

Removing Colleges: Can remove before documents are sent

Scattergram Research

Milestones on Colleges I'm Applying to

The screenshot shows a web interface for tracking college application milestones. At the top, there's a navigation bar with links: Home, Self-Discovery, Careers, Colleges (highlighted), and Planner. On the right of the navigation bar are icons for a heart, a share icon, an envelope, and a profile icon labeled 'About Me'. Below the navigation bar is a dark header with the title 'Application Milestones' and a search bar labeled 'Search for colleges'. A link 'Back to Colleges I'm applying To' is on the left. The main content area displays two college profiles side-by-side. The left profile is for 'Azusa Pacific University' with a 0% progress bar and a 'PENDING' status. The right profile is for 'Babson College' with an 80% progress bar and an 'INITIAL MATERIALS SUBMITTED' status. Each profile lists seven milestones. For Azusa Pacific University, all milestones are listed without checkmarks. For Babson College, the first five milestones have green checkmarks, while the last two do not. Each profile has a 'Show less' button at the bottom.

Home Self-Discovery Careers **Colleges** Planner

Application Milestones Search for colleges

Back to Colleges I'm applying To

Azusa Pacific University 0%

PENDING

- Transcript Sent (UC/CSU, Non SSR schools)
- SSR, Transcript, Profile, Counselor LOR
- Teacher #1 recommendation
- Teacher #2 Recommendation
- Teacher Recommendation #3
- Mid-year report (MYR)
- Final Transcript Sent

Show less

Babson College 80%

INITIAL MATERIALS SUBMITTED

- ✓ Transcript Sent (UC/CSU, Non SSR schools)
- ✓ SSR, Transcript, Profile, Counselor LOR
- ✓ Teacher #1 recommendation
- ✓ Teacher #2 Recommendation
- Teacher Recommendation #3
- ✓ Mid-year report (MYR)
- ✓ Final Transcript Sent

Show less

Application Milestones: Green check indicates school sent documents. Check HERE first before emailing if sent!

Important GPA, Deciding on a Major and Connecting With Colleges



GPA Information

What GPA Does SHS Submit to Colleges?

WEIGHTED (all classes, all years with grade bump for honors)

Used for private, Common Application, Out of State Public Colleges

UNWEIGHTED (all classes, all years)

Important because colleges want to know what grades you received in your classes

- Some colleges ask students for both weighted and unweighted.
- Most look at both

GPA Summary	
Cumulative GPA (Weighted)	3.276
Cumulative GPA (Unweighted)	3.171
CA Cal Grant GPA	3.000
Weighted 10-12 A-G GPA	3.136

Reference GPA for students for UC and CSU

District will submit to state for Cal Grant

How is GPA Used?

- Colleges look at GPA differently
 - Need to ask or research how a college “RECALCULATES” their GPA
 - Do they use all 4 years?
 - Do they only use certain classes?
 - Do they use unweighted or weighted GPA?
 - Sometimes it is also different depending on what your major
 - EX: Nursing Programs look at certain math and science grades

GPA in the time of COVID-19

I am a current high school student. How will Pass/No Pass (Credit/No Credit) grades impact my ability to be eligible and competitive for college?

- (CSU and UCs) are taking Pass or Credit grades you received in spring and summer 2020 to meet A-G entry requirements. DOES NOT Impact GPA
- Recommend doing your research on each school you are thinking of applying to.

How will it affect my applications?

- UC's and some out of state schools are taking higher consideration of rigor (AP, IB, Honors classes) while also considering what is offered at Sequoia High School.

Deciding on a Major?

One of the first things asked on an application is your major
Students need to do your research before you start the application

- Need to know the policy of the school, do they **admit by major**? If not, how do they admit?
- A lot of specialty programs have a separate admissions process engineering, visual and performing arts, architecture and nursing
- “Undecided” is a major
- Some Good Resources for Researching Majors
 - [PBworks College Major List Wiki](#) (lists of schools by major)
 - <https://www.oszlist.com/> (O Lists focuses on majors)
 - [Find Your Major from UC website](#)
 - [Search Degrees at CSU](#)

Connecting with Colleges

- College websites under prospective students or admissions look for;
 - “Visits in your Area” and attend their Virtual Information Sessions
 - Email regional representative/Admissions Rep your questions
- Sequoia Hosted Virtual & In Person College Visits
 - **SENIORS** keep in mind that you should make every effort to attend College Rep visits hosted by Sequoia or another school in our district as it allows for a bit of an advantage to personally get to know the school’s admissions’ representatives - sometimes the very people who will be reading your applications!
- Virtual College Fairs
 - EX: NACAC, [CollegeWeekLive](#)



California State Schools



CSU's Things to Know

Website	https://www2.calstate.edu
Application Period	Oct 1- Nov 30 th Students: we recommend starting the application October 1.
Test Scores	<ul style="list-style-type: none">• CSU will not use ACT/SAT test scores for admissions in Fall 2023.• Can submit for English placement if received a score of 30 or better on ACT English Language Arts and 680 or better on SAT Reading and Writing• CSU does not use IB/AP test scores for admission (Do not need to submit/list when applying)
Letters of Recommendation	Not Accepted
Transcript	Do not send transcripts unless asked (none ask when applying)
Portals	Required to set up and check weekly "To Do" list
Eligibility v Selection	The majority of the CSU are impacted and look at other factors when applying (beyond the minimum requirements). Impaction at the CSU
Finding a Major/Degree	Research majors at all the CSU. Choosing a Major

CSU Application Details - START APPLICATION OCTOBER 1

- Based ONLY on grades, rigor of classes
- Simple application that can be completed in one hour if you have checklist items from their website
- Students should have their application reviewed before submitting by College/Career Center

College & Career Center
will host multiple application
workshops!



University of California System



UC's Things to Know

Website	http://www.universityofcalifornia.edu
Application Period	Oct 1 st - Nov 30 th to submit application Application opens August 1st.
Test Scores	<ul style="list-style-type: none">• CSU will not use ACT/SAT test scores for admissions in Fall 2023.• Can submit for English placement if received a score of 30 or better on ACT English Language Arts and 680 or better on SAT Reading and Writing• IB/AP test scores ARE used for admission (list on application but do not send until attending)
Letters of Recommendation	Not Accepted when applying (Except a few programs - you will be prompted when applying if required)
Transcript	Not required when applying
Portals/Communication	Set up portals for each college after you submit Check emails regularly for messages

UC Application Details

- Very competitive and complex application- should take a lot of time to complete – *No advantage to turn in early*
- Application also requires:
 - List of Activities and Awards
 - FOUR Personal Insight Questions (up to 350 words each)
 - Additional Comments
- Students should have their application reviewed before submitting by Ms. Ignaitis



13 academic and personal factors approved by UC faculty (can be applicable to most private schools)

- Grades
- Rigor of program
- Special talents, achievements & awards
- Promise for leadership
- Recent, marked improvement in academic performance
- Significant community service
- Participation in student government
- Intensive study and exploration of other cultures

[How UC Applications are Reviewed](#)

Quote from UCLA Director of Admissions

- “ If we only looked at GPA, courses, and test scores, we would not ask for all the other information and it would be very easy to select students”
- Go to individual UC websites for great application tips and resources
 - For example, UCSB has a video series, UCs also have live webcasts

CA Public Schools

- CSU/UC are competitive, make sure you turn in the best application
- What does this mean for you?
 - Meet all deadlines WELL in ADVANCE (check email or portals)
 - If you don't make a deadline, admissions could be taken away
 - Follow all Directions
 - Apply Broadly

Out of State Public Colleges

Out of State Public: They are all different

Some are exclusively Common App

EX: University of Michigan and University of Colorado- Boulder

Some are exclusively Coalition

EX: University of Washington

Some exclusively use their own application

EX: Boise State

Some use multiple application platforms

Always Research Nonresident Information

Admissions Apply Visit Explore Academics Connect Costs and Value Admitted Students COVID Response Contact Us

Who Are You?



Idaho Residents



Nonresidents



International

Tuition Costs are usually higher

Admissions requirements can be different

Not all out of state public colleges are the same - a lot have 3.0 minimum GPA/not as competitive as UC/CSU

Students love the fact that they go to these big college campuses in a different environment

More competitive students apply for HONORS COLLEGES within the big public college

More Nonresident Info & WUE

Nonresident Scholarships →

Automatic Scholarships for Nonresidents

Scholarship Name	Required Cumulative Unweighted High School GPA	Value	Length of Program
Alpine	3.20-3.49	\$2,000 per year	4 years (8 semesters)
Payette	3.50-4.0	\$8,000 per year	4 years (8 semesters)
Western Undergraduate Exchange (WUE)	3.90-4.0	\$14,661 per year*	4 years (8 semesters)

Fall/Summer Application and Scholarship Priority Deadlines

- **Nonresident Application and Scholarship Priority Deadline:*** December 15
- **Resident Application and Scholarship Priority Deadline:*** February 15
- **Standard Application Deadline:** May 1
- **Application closes:** August 1

Private Colleges

Private School General Info

- It is important that you ALWAYS read ALL INSTRUCTIONS thoroughly!
 - **EVERY** school has its own process – need to go to its website for requirements & application
 - If available, register as an interested student
 - Check if they use the Common Application
- Remember the Following:
 - You must work with your counselor to apply to private schools
 - You must use Naviance if you are applying to a college/university
 - Deadlines are not suggestions! (if East Coast school remember there is a 3 hour difference)

What is the Common Application?

Why or Why Not Use It?

What it is?

- One base application used to apply to over 700 schools
- Schools are both public & private (IE: Michigan, UColorado-Boulder)

Why use?

- Connects electronic documents to Naviance, Sequoia's software choice- Naviance and Common App are connected electronically makes it easier to organize
- Sometimes the only choice – Common App exclusive

Why not use?

- If it is the only school on your Common App list and the schools do not require LORs or School Reports, check with Ms Ignaitis

What if a school offers me a free application?

- Free application offers can be applied to on Common Application
- Be wary of free applications, if you were not applying to the school before, why would you now?

Common Application (Education Section) Info for Sequoia High

- Class Rank Reporting – Do not rank
- Graduating Class Size – Will put in the Sept 11th Weekly Email
- GPA Scale – 4
- GPA Weighting – Weighted
- Guidance FAX – (650) 306-8893
- Graduation Date – June 9, 2023
- Your Official GPA- On your transcript in Infinite Campus on Sept 9th (Overall weighted GPA)

This data will be posted in the weekly email Sept 11th

CA Essay & Individual School Supplements Are a Process

- One 650 word Personal Statement sent to all colleges
- Make an appointment with Ignaitis/Yeager and/or counselor to review your essay(s).
- Supplements are NOT optional – Colleges will not accept your application without them completed.
Sometimes listed as Questions and/or Essays
- **Supplements are CRUCIAL to the application!**
They are the best way a college can understand WHY you want to go to its school

What are the Pieces of the Common App/ Private College Application Completed by the Student

Application Requirements:

- Application
- Personal Statement/Essay (majority require)
- Required Supplemental Essays/Questions (varies by college)
- Official Test Scores (sent by student)

Application for Financial Aid may require:

- CSS Profile – College Board website
- FAFSA
- Institutional FA application (Merit or Need Aid)

EVERY School has its OWN DEADLINES!

What are all the pieces of the Common Application (CA) or Private College Applications sent to the university by Sequoia ?

- School Report (SR)
 - Requested by student. Completed & sent by Guidance Counselor through Naviance Includes LOR
- Mid Year Report (MYR)
 - Automatically completed & sent by counselor through Naviance if student requested a SSR
- Letter of Recommendations (LOR)
 - Requested by student. Completed & sent by Teachers through Naviance
- Official Transcript
 - Automatically Sent by Guidance Department through Naviance
- Sequoia High School Profile
 - Sent by Guidance Department through Naviance

REALLY IMPORTANT to UNDERSTAND

School documents are sent independently of a student's application

Letters of Recommendation - LOR

- Who to ask? It can depend on -
 - Your major
 - What you want to highlight in your applications?
 - Class you made a significant impact in and the teacher can verify that impact in his/her letter
- How many?
 - Depends on the college
 - Do NOT go over the limit - they will not read all of them which means they may skip the one you really wanted them to read

Applying Early?

- **Early Decision – Binding**
 - Students can only apply early decision to one school- TOP CHOICE
 - If admitted, a student is bound to attend that institution.
 - You may apply to other colleges through the regular admission process. If you're accepted by your first-choice college early, you must withdraw all other applications.
- **Early Action – Non Binding**
 - Under these plans students may apply early action to other colleges.
- **Single Choice Early Action/Restrictive Early Action – Non Binding**
 - Candidates may not apply early (either early action or early decision) to any other college.
 - Students can still apply to other colleges under regular decision plans
- **Rolling Admissions – Non Binding**
 - Students have a large window of time during which they can apply to a college or university

How To Video clip with more detailed information on website

Should I Apply Under One of These Plans?

- You have done your research
- You feel you can present your best in the application without your senior year
- You do not feel like you have rushed your application

ED: Binding

- Will go and will withdraw all other applications if admitted without financial aid concerns

Understand that the higher admit rate includes athletes and a very competitive application pool

Sequoia Application Process

Deadlines

Required Steps to Have Sequoia Send Documents

How to Send Transcripts

Getting Help

STEPS TO REQUEST A LETTER OF RECOMMENDATION



1

ALL STUDENTS RECEIVE SR/LOR FORM VIA GOOGLE CLASSROOM ON 9/1



2

COMPLETE ALL REQUIRED ACTIVITIES ON SR/LOR FORM



3

SCHEDULE A MEETING WITH YOUR COUNSELOR TO SUBMIT FORM



4

STUDENT WILL MAKE OFFICIAL TEACHER REQUESTS IN NAVIANCE DURING SR/LOR FORM REVIEW WITH COUNSELOR



5

STUDENT COMPLETES ALL COMPONENTS OF THEIR APPLICATION. COUNSELOR AND TEACHER(S) SUBMIT DOCUMENTS BY STATED DEADLINE

Please email your counselor if you are adding or removing colleges from your form

Deadline to Submit School Report/Letter of Recommendation (SR/LOR) Form

15 Minute Meeting with Counselor When Finished to Submit Form

Must have the appointment on or before;

Sept 23rd for Oct 15-Dec 15 college application deadlines

Nov 4th for college application deadlines after Dec 15

Similar School Report & Letter of Recommendation Form (SR/LOR)

Sequoia High School: School Report (SR) & Letter of Recommendation (LOR) Request Form

Letters of recommendation are a critical component for many four-year universities. It is essential that you complete the following steps with thought, detail, and integrity. These requirements allow teachers and counselors to write the strongest letter possible on your behalf. Each action item must be completed *before* meeting with your counselor to submit this LOR request form.

Items to complete in Naviance

- 1. Update your Résumé on Naviance (About Me tab)**
Counselors use the information from your résumé in their letter, so please provide detailed entries. You may also use your résumé for scholarships, job applications, and other opportunities.
- 2. Upload a Personal Statement Draft (About Me tab)**
Your personal statement draft essay is only viewable by counselors and will be used to gather additional information about you that may be included in their LOR. If you cover a specific topic or aspect of your life in the *draft* essay, your counselor may use this information to demonstrate your character. Your *draft* essay will only be viewed by your counselor to collect information about you. [Note: Ok to use UC Personal Insight Questions].
- 3. Complete the Teacher LOR Survey (About Me tab)**
Teacher LORs are the only place in your application where admissions will hear the perspective of a teacher that has seen you in action. Thank your recommender and be in close communication senior year.
- 4. Counselor SR/LOR Survey on Naviance (About Me tab)**
The Counselor SR/LOR Survey will help your counselor add depth and insight to the SR/LOR. It may also help you in reflecting upon your experiences/life, which can inform your personal statement/insight questions/supplements.
- 5. Keep your "Colleges I'm applying to" list updated in Naviance (Colleges tab)**
Teachers and counselors can only send documents to schools on the list. Naviance **does not** update recommenders when you add or remove colleges, so it is up to you to communicate changes & keep your list up-to-date. *Contact your counselor if you plan to add or drop a college.*

Items to complete with the Common App

- 1. Sign up for a Common Application Account starting 8/1/22 and link your Common Application account with Naviance.** We recommend waiving your FERPA rights. If you do not waive FERPA, your teachers/counselor reserve the right to not write a LOR. Counselors will still complete the SR without the LOR. Linking your Common App with Naviance allows your teachers and counselor to send your SR & LOR's to colleges.

Student's Name:

ID#:

Counselor's Name:

Sequoia High School: School Report (SR) & Letter of Recommendation (LOR) Request Form

- Colleges on this list should be on Naviance under "colleges I'm applying to". Keep your college list up-to-date.
- If you add or remove colleges from the list below, promptly email your counselor to request an "Add Form."
- If the college does not accept electronic submissions, please discuss with your counselor in advance how documents will be sent.
- DEADLINE: September 23rd for early applicants (College Application Deadlines between October 15th - December 15th)
- DEADLINE: November 4th for regular applicants (College Application Deadlines after December 15th)
- Schedule a mandatory 15 minute appointment on your counselor's Calendly to submit your completed SR/LOR Request Form.

College & University List:	Application type:	If applying ED, does the college require first quarter grades or other documents?	Will you be using Common App (CA) or other application?	Application Deadline	# of supplemental essays and/or college questions	Total Number of Teacher LORs you are sending	Will you be submitting scores? Y/N	Are you applying for financial aid? If yes, what application(s) are required?
<i>NOTE: Do not list UC/CSU or Public Schools that do not require a Letter of Recommendation or School Report.</i> <i>List college/university name(s) below.</i>	Restricted Early Action (REA); Early Action (EA); Early Decision (ED); Regular Decision (RD)	Yes or No	CA or if other please specify	Check college website	Check Common App and/or college website for number allowed	Yes, No, Test optional submitted, or test optional not submitted Students are responsible for sending test scores.	Yes, No, Test optional submitted, or test optional not submitted	Yes or No If yes, include required application(s) and due dates. Check the college's financial aid section on college website.
<i>Example: University of Sequoia</i>	EA	No	Yes	11/1	3	2	Y, submitting scores	Yes, CSS Profile due 1/11

Teacher Letters of Recommendation

Request LORs from your teacher(s) verbally and have them sign below.
Official requests will be completed through Naviance when you submit the completed SR/LOR form to your counselor

	Teacher's Last Name	Teacher's Signature	Date
If only One			
Second			
Third (optional)			

SCHEDULE APPOINTMENT WITH COUNSELOR Counselor Signature: _____ Date: _____

Will you be requesting application fee waivers? Yes or No →

All seniors will receive access to the SR/LOR form via Google Classroom

Ethics of Completing Application

- Students sign that they completed all the information on application
 - Student wrote essay(s)
 - Student filled out the application.
 - This is NOT the job of a parent/guardian, relative, private college counselor or Sequoia staff member
 - Reps can easily detect an essay not written by a student. Missing student voice.
- If any information is reported incorrectly or falsified (academic or extra-curricular), a school can rescind your admittance
- Schools do random checks and thorough research on applicants - Ex: Stanford
- **UC started the checking on personal insight questions for plagiarism**

Application Signature

*“I certify that all information submitted in the admission process—including the application, the personal essay, any supplements, and any other supporting materials —**is my own work**, factually true, and honestly presented, and that these documents will become the property of the institutions to which I am applying and will not be returned to me. I understand that I may be subject to a range of possible disciplinary actions, including admission revocation, expulsion, or revocation of course credit, grades, and degree, should the information I have certified be false.*”

Sending Transcripts Reminders:

Refer to Handout

- CSUs and UCs – **DO NOT REQUIRE A TRANSCRIPT** when APPLYING
- Common Application and Schools that Require an School Report(SR) – **AUTOMATICALLY** get sent when you submit your SR/LOR form to your counselor
- **MOST STUDENTS DO NOT NEED TO REQUEST Transcripts - if you need one during the 1st semester, email Ms Ignaitis**
- Transcripts are sent by the Guidance Dept. **There is a five school day** turn around after request.

Sending Test Scores

- **FIRST** check to see if college is accepting scores this year
- **THEN** check to see if you can self-report on each college website (Saves Money) If they do not allow self-report, need to send score individually

UNDERSTAND Sequoia does not send or report test scores for the application

Sending IB/AP Test Scores

- Students self-report tests scores on their applications
- Admissions would wonder why someone took an IB/AP course and did not report scores
- Do not request any IB/AP scores to be sent during the application process
- Scores are only sent to the college you will attend
- IB will send your scores AUTOMATICALLY to the college you reported during IB testing. If the student attends a different college than reported, the STUDENT must order scores to be sent through IB Organization
- AP scores MUST be requested by the STUDENT through College Board. College Board sends them directly to the college.

At this point, LIST but Do not submit AP or IB Scores

After Applications are Submitted

- You should receive an email confirmation that a school received your application
- Set up “portal” for each school AND some schools may require an email account through their school
- Follow all directions: Send Scores, Transcripts, etc (Deadlines and requests may vary between individual students)
- Check your account frequently: Students are responsible for monitoring their progress (at least once a week!)
- Colleges have technology that records when a student opens their communication systems.

“I didn’t know” or “Nobody told me” doesn’t usually work

Consequences for any Changes on Application or Not Sending Documents

Admission is based on self-reported information including; course work (at Sequoia or at a community college), test scores, and activities- if something changes or you do not send documents, your admissions could be rescinded. This could happen a few weeks before you think you are going off to college.

Admit you on expected grades (same types of grades you received in the past)

Admit you on the course work you said you would be completing senior year

Admit you on the course work you reported you took at a community college and the test scores you reported you received

IF Something does not match what you reported on application, colleges can rescind your admission ESPECIALLY if they are not notified

Fall Four-year Application Student Help Opportunities

- Individual Appointments - with Counselor and College and Career Advisors
- Classroom Presentations and Workshops
- Application Workshops - during Flex, before and after school and at lunch
- College Club - Tuesday from 4-5 pm
- Financial Aid Workshops

See Handout for Specific Dates and Times

Individual Help from College & Career Center

- **WILL DO:** Review application or have a discussion about college choices if student sets up an appointment (parents can attend but not without student) – Appointments are limited to 30 minutes. - Students please come in at lunch and make an appointment at this point
- **WON'T DO:** REGULATIONS from NACAC prohibit us from answering questions from parents/guardians directly about an application.
EX: How do you fill in this box?

Student Appointments

Ms. Ignaitis: All HCA, Study Skills Students and
Last names A-L

Ms. Yeager: All DAA, ELD Students and Last
names M-Z

Resources on the SHS Website

Required and Recommended
Resources

[How To Videos](#) Available on
College/Career Website

College/ IB Senior Grade Level Meeting

Lisa McCahon

IB Coordinator

lmccahon@seq.org

Teresa Ignaitis

College Career Advisor

tignaitis@seq.org

Tessa Yeager

College Career Advisor

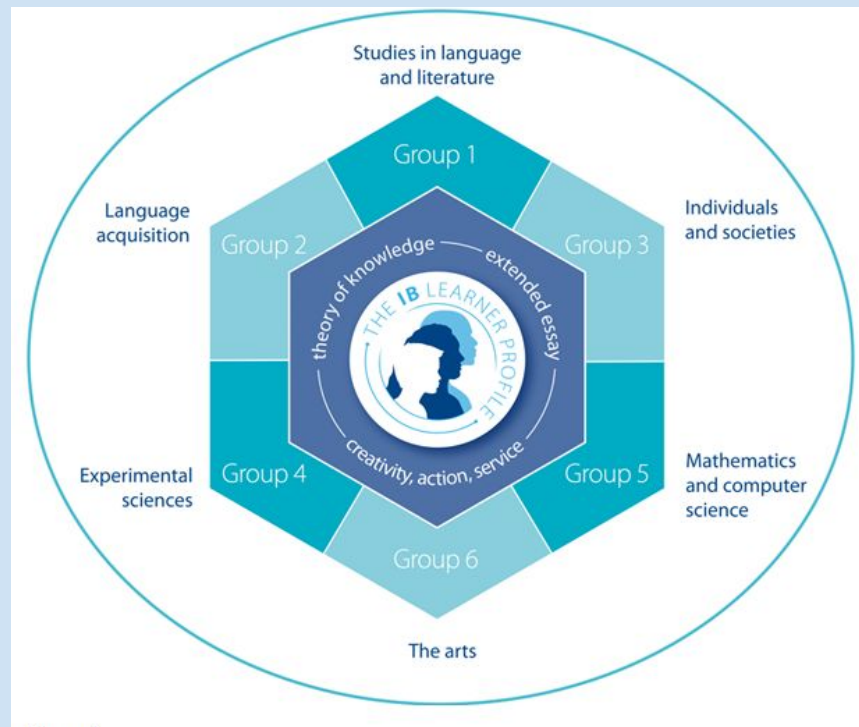
tyeager@seq.org

Q & A will follow our presentation on IB and college

You can type your questions into the Question feature on Zoom

We will either type the answer or answer live during the Q & A session at the end

Senior IB Information Meeting August 30th , 2022



What Makes up a Final IB Score?



IB Scores

The final IB score is made up of:

1. Internal Assessments (IAs)

- Formal IB Assessments in addition to the May exams
- IAs are carried out by the IB teacher throughout the entire course (1 or 2 years)
- IA assignments vary by course
- Ex: IB English IAs = Individual Oral, HL Essay

2. May Exams

- Exams vary by course
- Ex: HL Eng= Paper 1 & 2 vs. HL Hist= Paper 1, 2 & 3

IB Internal Assessment (IAs)

Late Work Policy

- IAs are due when they are due. No exceptions!
- IAs include oral assessments.
- If any IA is not turned in on the due date, they cannot be submitted to the IB organization and students will have an incomplete assessment for that subject area.
- Students who receive extended time on assessments through a 504 or IEP will receive (if needed) 72 additional hours to turn in an official IA without penalty.
 - The 72 hours starts at the time the IA was due and includes non-school days. Ex: IA due Friday 2nd period which starts at 8:30 AM so IA is due Monday at 8:30 AM

IB May Exams

- The final assessment for all honors courses is sitting for the course exam
- The IB experience includes completing IB coursework, submitting IAs AND sitting for May exams

IB Final Scores

- IB scores on a scale of 1 – 7
- 4-7 = passing scores
- N score= A student is missing an exam component (From May or IA). Non passing
- The candidate has not been found guilty of malpractice by IB
 - If malpractice occurs the consequences as stated in the Sequoia Union High School Integrity Policy and the IB Academic Honesty Pledge & Policy document will be carried out. Students are bound to the IB Organization's Academic Honesty Policy

IB Academic Honesty

The IB expects Diploma Programme candidates to exercise academic honesty in all of their work, which includes acknowledging any sources used within an assignment.

The IB *General Regulations: Diploma Programme* defines malpractice as behaviour that results in, or may result in, the candidate or any other candidate gaining an unfair advantage in one or more assessment components.

ASK FOR ADVICE

As a Diploma Programme candidate you are responsible for ensuring that all of the work you submit is authentic and that any sources used are appropriately acknowledged. If you have any doubts please ask for advice.

THINGS TO REMEMBER

- IB students are principled and act with integrity and honesty.
- IB students should be content creators not content imitators.
- If you engage in any form of malpractice you may not be eligible for a grade in the subject concerned.
- Do it right, remember to cite! Credit where credit is due!

EXAMPLES OF MALPRACTICE

- **Plagiarism** - the representation of the ideas or work of another person as your own.
- **Collusion** - supporting malpractice by another candidate, as in allowing your work to be copied or submitted for assessment by another candidate.
- **Duplication of work** - the presentation of the same work for different assessment components and/or IB diploma requirements.
- **Misconduct during an examination**, including the possession of unauthorized material.
- **Disclosing information** to another candidate, or **receiving information** from another candidate, about the content of an examination paper within 24 hours after the examination.

HOW TO AVOID PLAGIARISM

- Credit all the sources you use, even if you have paraphrased or summarized.
- Clearly distinguish between your work and the source being used (using quotation marks, indentation or a similar method).
- Use a style of referencing that is appropriate for the subject.



International Baccalaureate
Baccalauréat International
Bachillerato Internacional

The IB takes academic honesty very seriously!

© International Baccalaureate Organization 2012.

How will COVID Impact 2023 IB Exams?

- IB is planning for full May 2023 exam session
- IB will monitor COVID
- IB will use of in-examination session

mitigations:

- *“Where appropriate, the duration, marks and/or weighting for assessment components have been adjusted to ensure equity and fairness for students in the examination sessions.”* ~From MY IB website
- Impacts how grade boundaries are set

IB Exam Registration: How Do Students Sign up for the May 2023 Exams?



IB Exam Registration Process

- The IB Office be registering students, through virtual meetings, for their exams in September.
 - Classroom visits to all IB testing courses Sept 6th - 9th 2022
 - Students will receive a link to sign up for an online registration session. Students will pick between:
 - September 15th: FLEX period into start of lunch 11:45-12:45 in Carrington. If you request this one, you will be auto-enrolled for this FLEX session.
 - September 20th: 6:30-7:30 PM
 - Students attend ONE virtual session and complete Google reg form
 - TOK students doing their reg in their FLEX IB Core Sept 8th/9th

IB Exam Registration Process

- Any changes to IB registration due by November 1st
 - Contact the IB Office with changes
- IB exam letters with fees will be mailed in September and October
- IB does not offer any make-up or alternate exam dates.

NOVEMBER 1, 2022...

IS AN IMPORTANT DEADLINE!! AFTER THAT DATE, STUDENTS ENROLLED IN IB COURSES THAT WILL TEST IN MAY 2023 WILL REMAIN IN THOSE COURSES UNTIL THE END OF THE SCHOOL YEAR. NO EXCEPTIONS.

IB Exam Payments: What Do They Cost & How Do I Pay Them?



IB Exam Costs

\$119 subject fee for each exam

# Exams in May 2022	Exam Fees
6	\$714
5	\$595
4	\$476
3	\$357
2	\$238
1	\$119

IB Exam Costs

- CAS fee for Diploma Course student (Certificate/ non-Diploma) = \$10.00
- EE fee for Diploma Course student (Certificate/ non-Diploma) = \$91.00
- TOK fee for Diploma Course student (Certificate/ non-Diploma) = \$46.00

*Diploma Candidates do not pay separate CAS, EE, TOK fees.

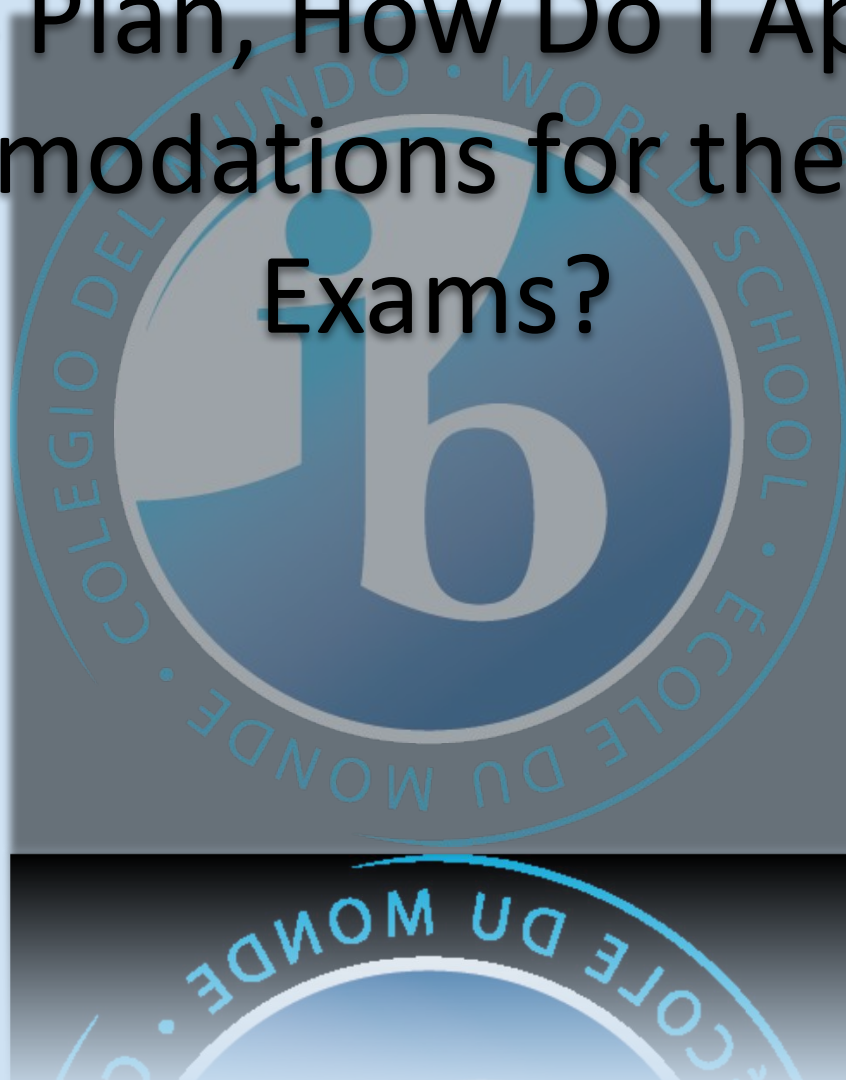
IB Exam Costs

- **Payment is due no later than November 15th**
- **Payment by:**
 - **Checks:**
 - Checks made out to Sequoia High School
 - Put IB exam and student's name on memo line
 - Mail to:
Sequoia High School IB Office
Attention Magda Galvan
1201 Brewster Ave.
RWC, CA 94131
 - **Cash:**
 - Bring all payments to IB Office Room #130.
 - Request a receipt
 - **Credit Card**
 - IB exams fees will automatically be added to IC under fees tab labeled IB fees. IC charges a processing fee.
- If your family has special financial circumstances, please contact us so we can make alternate arrangements for payment. We can set up payment plans.
- Students on Federal Program Funding (previously FRL) this school year qualify for a reduced price. Sign up for FPF now to qualify!

Where Can I Access the Federal Program Funding (FPF) Application?

- If you qualify for Federal Program Funding this school year, you receive a scholarship that reduces the cost of the exams
 - NOT based on last school list
 - Must qualify this year (2022-2023) for Federal Program Funding.
 - If you are not sure you are on the FPF list, contact Ms. Macias at (650) 367 9780 Ext 63110 or by email emacias@seq.org
- If you haven't applied yet through the **Online Meal Application** but think you can qualify, apply now
 - <http://seq.org/food>
 - Contact Ms Macias in the Family Center if you need help applying

If I Get Assessment Accommodations Through an IEP or 504 Plan, How Do I Apply for Accommodations for the May IB Exams?



IB Accommodations

504/IEP Accommodations apply to IB coursework except the formal IB assessments (IAs & May Exams)

IAs

- 504/IEP students can access 72 hour extension on IAs
 - The 72 hours starts at the time the IA was due and includes non-school days. Ex: IA due Friday 2nd period which starts at 8:30 AM so IA is due Monday at 8:30 AM
- Students with IEP/504s are encouraged to meet with their teachers at the time the IA is assigned and map out their IA plan to reduce stress.

May Exams

- Students must apply for exam accommodations through the IB Office
- Students are not guaranteed the same accommodations they receive in their 504/IEP
- Testing accommodation decisions are made by IB organization

Applying for IB May Exam Accommodations

- Per IB Policy, these items are due to the IB Office no later than Oct 25th:
 1. A psychological/ psycho-educational/ medical report is required from a licensed professional including the diagnosis and test/ techniques used
 2. Educational evidence
 3. IB Application for Special Needs Assessment Form completed by licensed professional
- Click [HERE](#) for specific instructions on how to apply

If I am a Full IB Diploma Student,
What Do I Need to Do to Be
Awarded my Diploma?



Diploma Award Regulations

Reasons a student would not be awarded the Diploma:

1. CAS requirements have not been met.
2. Candidate's total points are fewer than 24.
3. An N has been given for theory of knowledge, extended essay or for a contributing subject.
4. A grade E has been awarded for one or both of theory of knowledge and the extended essay.
5. There is a grade 1 awarded in a subject/level.
6. Grade 2 has been awarded three or more times (HL or SL).
7. Grade 3 or below has been awarded four or more times (HL or SL).
8. Candidate has gained fewer than 12 points on HL subjects (for candidates who register for four HL subjects, the three highest grades count).
9. Candidate has gained fewer than 9 points on SL subjects (candidates who register for two SL subjects must gain at least 5 points at SL).

Important IB Dates



May Exam Dates

- April 28th – May 19th
- Check the IB webpage on the Sequoia website for updates
 - The May 2023 IB Exam Calendar will be updated with exam dates/ start time/ ESTIMATED end times
 - All students are dismissed together only after ALL exam materials have been collected (may be after posted end time)

Post Test Timeline

- Exam results released to students on July 6th*
- Exam scores released to colleges electronically on July 15th.
- Diplomas and certificates are available in IB Office at the end of August.

***Students should use the instruction sheet given during IB testing to access their results. They are given a password and pin to access their results online. If the instruction sheet with this information is lost, students will have to wait until the first working day in August, to access their results**

Important Date Reminders

- November 1st : Last Day for students to drop any IB courses that test in May 2023
- November 1st : Deadline for IB exam registration.
- April 28th – May 19th: IB Exams. No make up dates
- Senior IB Ceremony: June 1st, 2023 5:00 - 7:00 PM
All IB seniors and families are invited to celebrate

IB & College



Why IB?

- Helps students get into college- adds value on their college applications
- May lead to possible college credits: saves \$
- May lead to possible advanced course placement
- **MOST IMPORTANTLY:** Prepares students with skills to be successful in college
- Develops critical thinking, writing, communication, research and self-management skills.
- Develops an appreciation of other cultures and perspectives. International Mindedness

Video: The Value of an IB education With Stanford University's Deborah Von Bargen



<https://www.youtube.com/watch?v=gS4BUi3Exog&list=PLWBNztdOp2pznut3UFMmu-uj9LXsMxi&index=1>

IB Exams & University Expectations



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Bachillerato Internacional

- Colleges expect students to sit for all parts of the IB exam in May (even if their institution does not grant college credits for that IB course).
- Sitting for an IB exam means putting forth your best effort on all sections.
- If you put down an IB course on your college application and indicate you are planning to take the corresponding IB exam in May, it adds value to your application.
- Colleges expect to receive IB scores in July for all IB exams you indicated on your application
- If they do not receive an IB exam score for an exam you stated you would take, they can rescind your admissions

List IB Exams on College Apps

- List all IB exams you will be taking in May 2023 as a “Planned Exam”
 - Refer to website for dates/ exam names etc. in *Guide To Listing IB Exams on College Apps* section [HERE](#)
- List any IB exam you took in 11th grade with your earned score
 - IB Physics, IB ESS, IB Business Management, IB Psychology
- Adds value to your college application

Video: How Should Students Discuss Their IB Courses in Their University Applications



https://www.youtube.com/watch?v=g0E_YMuBTHk&list=PLWBNztdOp2pznut3UFMmu-uj9LXsMxj&index=11

College Credits

- A score of 4 or higher may receive college credit just like a score of 3 or higher on an AP exam, depending on the college and the department.
 - Colleges get to decide policy (what score must be obtained, if granted credits & what subject credits, how it articulates)
- Varies by university. Even varies within a college system (example: each UC may vary) and by major
- Best resource is checking each specific university-most accurate information from university itself
- Ex of IB friendly: Oregon State, University of Nebraska (scholarship)

Oregon State IB Policy

International Baccalaureate Articulation Table (effective Summer 2015)

International Baccalaureate Course	Standard Level Exam Score of 5, 6, 7	OSU Recommended Course Equivalent	Higher Level Exam Score of 5, 6, 7	OSU Recommended Course Equivalent
The Arts:	Quarter Credits		Quarter Credits	
Dance	3	ELEC LDT	6	ELEC LDT
Film	3	FILM 110	6	FILM 110, 125
Music	3	MUS 101	6	MUS 101, 108
Theatre Arts	3	TA 250	3	TA 250
Visual Arts	4	ART 101	8	ART 101, 115
Experimental Sciences:				
Biology	4	BI 211	12	BI 211, 212, 213
Chemistry	5	CH 231, 261	15	CH 231, 232, 233, 261, 262, 263
Environmental Systems and Societies	4	GEO 202		
Physics	5	PH 201	15	PH 201, 202

College Credits

- “It’s not how much college you get out of, it’s what you get out of college.”
~Cliff Sjogren University of Michigan
- Remember, the purpose of IB is more about:
 - What type of thinker, writer, researcher, global citizen, community member and person you become.
 - How prepared you are for university so you reach success in college and beyond
 - “IB students see success well beyond academics. They are very well prepared to make the most of what the university has to offer. They are more confident to do research, deal with large volumes of academic content, present, and think critically.....They are more likely to go on student exchange, do internships etc. and take advantage of stuff beyond their credits and classroom courses and that is a huge part of learning in higher ed.”

~University of British Columbia representative at the IB Higher Ed Symposium 2013

Predicted Grades (PGs) for University



What Are PGs Anyway?

- Teachers use IB grade descriptors to help guide the PG process

- From IB's publication: *Diploma Program Assessment Procedures* Section C3.2.2:

“A predicted grade is the teacher's estimation of the grade the candidate is expected to achieve in the subject. A predicted grade should be based on:

- all the evidence of the candidate's work
- the teacher's knowledge of IB standards.”

International Institutions Outside the US

- Many international universities abroad require PGs for admissions.
- In order to allow students to access university abroad, Sequoia High School provides international institutions with PGs.
- Students are responsible to research the institution requirements and alert the IB Office through the Predicted Grades Request Process.
- In addition to requiring PGs, institutions in some countries require specific IB scores for admissions or even specific IB courses and specific HL or SL levels. Admissions granted can be conditional on actually earning the required scores. Again, students must research the specific requirements of the international institutions.

Predicted Grade Request Process

1. If applying to international institutions, students must research the requirements and identify if PGs are required. If yes, proceed with the next steps.
2. Contact the institution informing them your high school doesn't share PGs with students (Sequoia policy) and how can your IB Coordinator submit the PGs on your behalf.
3. Complete [THIS](#) Predicted Grade Request Form (Google form) for every institution you need PGS for. Or cut and paste this link to complete:
<https://forms.gle/i9dJ7xmW7PisJnsDA>
4. Submit Form (in step 3 above) **at least 3 weeks ahead** of the institution's submission deadline. Requests submitted less than 3 weeks of the deadline are not guaranteed to be submitted on time.
5. Email Ms McCahon at lmccahon@seq.org the day you submit the Predicted Grade Request Form to inform her that you are requesting PGs and you have submitted the form.
6. Be sure to continue to monitor your school email in case Ms McCahon needs to email you with clarification questions in order to submit your PGs.

Domestic Universities

- There are NO institutions in the US that require PGs in order for applicants to be reviewed and admitted.
- Students are not punished or disadvantaged in the college review process if they do not submit PGs.
- Due to the nature of being a large public high school, Sequoia does not provide PGs for domestic institutions.
- Some institutions like NYU give students a CHOICE to use their IB PGs as an option for the standardized test requirement. This does NOT mean IB PGs are required. Since Sequoia does not provide PGs for domestic institutions, students must select another option from the standardized tests list to submit for this requirement.
 - See next slide (slide 6) from NYU's admissions website
- US institutions know that Sequoia does not provide PGs for our students because it is stated in our School Profile which they use when reviewing applicants from Sequoia.



Standardized Tests

[English Language Testing](#)[International Qualifications](#)

Internal Transfers

Visiting Students

Prior Criminal Conviction

More Applicant Types and Programs

Request
more
information

NYU Applicant Portal

Check on the status of your application to NYU.

NYU has one of the most flexible testing policies of any college or university, including an extension of our test-optional policy in the 2021-2022 cycle in response to the COVID19 pandemic. Students who elect to submit testing as part of their application for Fall 2022 admission should submit one of the following:

- [SAT](#); or
- [ACT](#); or
- [International Baccalaureate \(IB\) Diploma](#); or
- [Three \(3\) SAT Subject Test scores](#); or
- [Three \(3\) AP Exam scores](#); or
- [Three \(3\) IB higher-level exam scores](#) if not an IB Diploma candidate; or
- [Other international examinations](#) that show you completed, or if submitting predicted results show you will complete, your secondary education. You can use our [International Qualifications Tool](#) for information about credentials we accept from the country in which you are enrolled in secondary school
- Applicants to programs in our Steinhardt School of Culture, Education, and Human Development and our Tisch School of the Arts requiring an [audition or portfolio](#) are **not** required to submit [standardized testing](#) for consideration and doing so is entirely optional. For other programs where an audition or portfolio is optional but not required, testing is required.

All applicants to our campus in New York must meet our [English language requirements](#).

Students have a choice as to what standardized test score is submitted. IB predicted grades are not an option at Sequoia High School for national institutions.

Final Thoughts...

In this last year of IB, here are a few suggestions for the academic and personal well-being of your student:

- Please don't plan trips when school is in session. Students are preparing for IB exams all along the way and missing chunks of class may put your student at a disadvantage.
- Begin to let go if you haven't already. Students should be completing their own CAS logs, applying to colleges for themselves and getting used to the independence that will be theirs in just a few months.
- The day they begin college, privacy laws will prohibit you from getting any information without their permission, even if you are paying for college and they're not yet 18. Help ease them into independence now so it won't be such a shock to their system. It will make for a smoother transition into college.

Final Thoughts....College Admissions

“I’ll admit, I cried A LOT on Friday when I got my Stanford decision (I cried, my mom and I cried together, then I cried again). I didn’t realize how much I wanted it until that point. However, I got over it. Two things helped me do so besides friends and family. First, I remember that I always did things for myself, not for a college. I never did an activity because it would get me into college, but rather I did the things I loved and really focused my time and energy into them. I have made lasting friendships, grown a lot personally, and made an impact in other people’s lives. I can’t image how I would feel if I had molded my high school life for an elite college and not gotten in. I would have nothing to have true pride about, which would make the rejection 100 times worse. Because of this, I don’t regret any of my decisions in high school in terms of time spent.”

~Sequoia 2014 IB Diploma Graduate attending UC Berkeley with a Regents Scholarship

Contacting IB Office

Lisa McCahon: IB Coordinator

- IB Coordinator
- lmccahon@seq.org

Magdalena Galvan

- CAS Coordinator, IB Secretary
- Spanish-speaking
- mgalvan@seq.org



Thank You

Recording and links will be on College & Career and IB webpages

Handouts and PDF version of slides available on College & Career webpage

Questions???